



Category: Setting the Stage/Strengthening the Foundation

Award Reference Number: 1177
Region: Midlands
Disease: Learning disability
Organisation Type: Community
Intervention: Drama
Key words: Northampton

Funky Performing Arts Drama Group

Northamptonshire Healthcare Foundation NHS Trust

Setting:

The Learning Disability Occupational Therapy service is based within 4 Community Teams for People with a Learning Disability (CTPLD) across Northamptonshire. In total the OT team consists of 8 qualified OT's with 2 support staff, this service had recently moved from provider services. With a move into the CTPLD's the OT emphasis was on development, especially within the area of group work as a therapeutic tool.

Introduction:

During a review of the OT case load within the Northampton CTPLD it was identified that the majority of cases consisted of female clients who's identified goal was working on independent living skills, however they lacked self esteem and self confidence in order to believe they could succeed in their chosen goals.

The use of Drama as a therapeutic medium was developed as a result of the support workers special interest in drama and previous experience outside of OT and from personal experience of improving confidence and self esteem through drama.

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