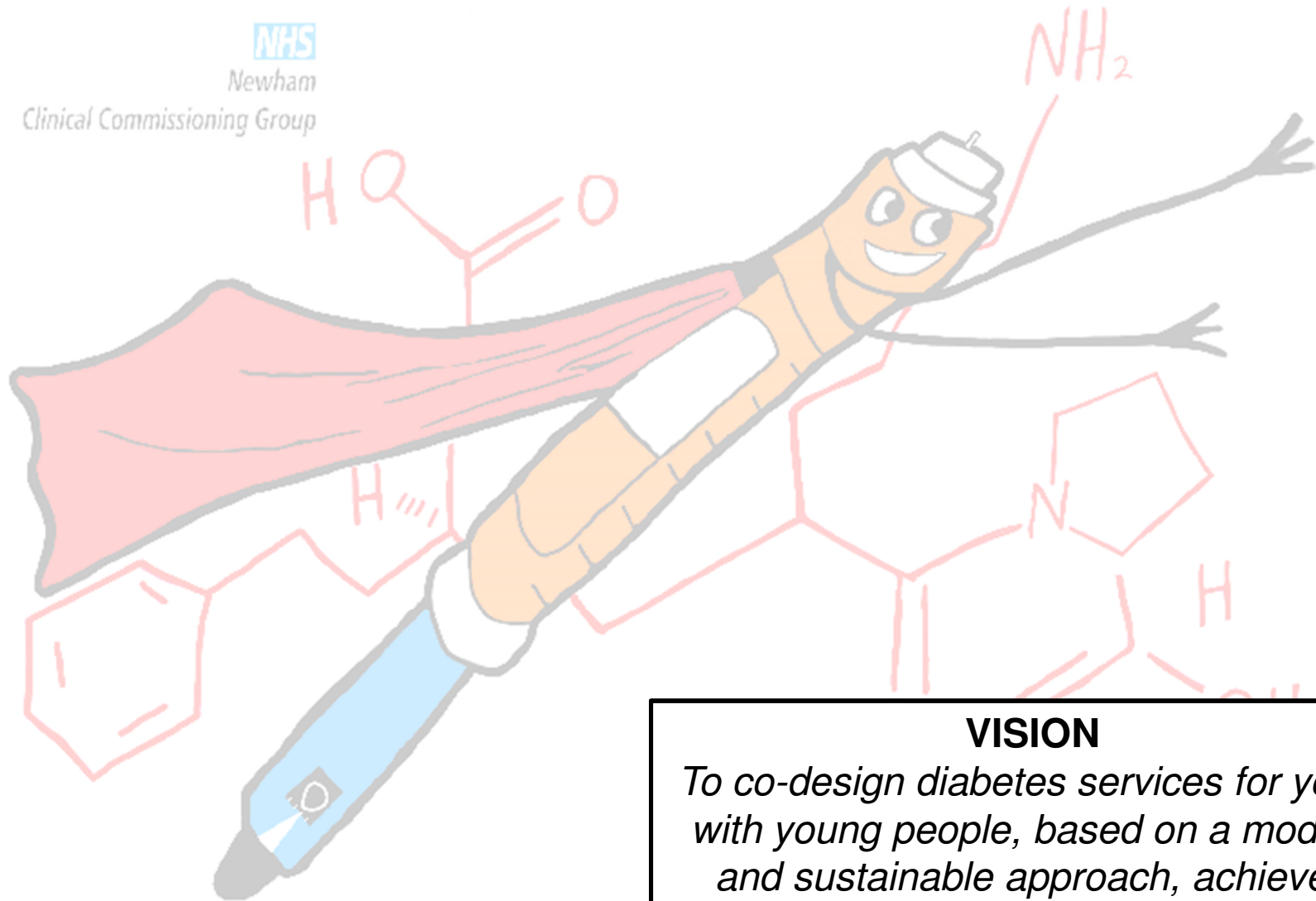


Newham CCG Diabetes Youth Project Pilot – 2015-2016


Newham
Clinical Commissioning Group



VISION

To co-design diabetes services for youth with young people, based on a modern and sustainable approach, achieved through cross-organisational partnership working.



PROJECT PURPOSE AND JUSTIFICATION

- Newham hosts the highest prevalence of diabetes in young people under 25 in the country.
- An UCLPartners sponsored event in December 2014 brought together young people and their families who outlined concerns with the existing service model and made improvement recommendations.

Youth Commissioner Purposes:

- To raise awareness of diabetes
- To reduce stigma, enabling young people with diabetes to live 'normal' lives.
- To make a change for youth in the future living with diabetes.
- To gain insight into health care.



Newham CCG Diabetes Youth Project – Pilot Progress (November 2015)

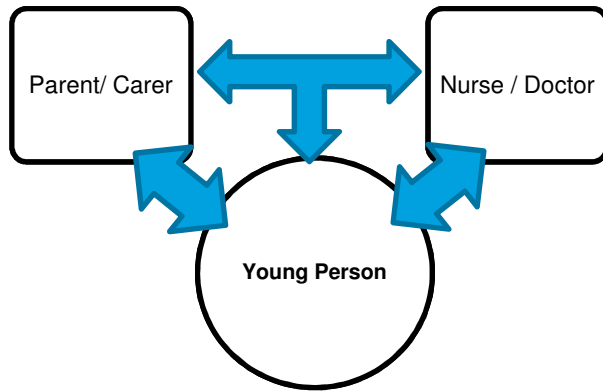
Key Milestones:

- *May 2015* – 4 youth commissioners recruited, Newham residents between the ages of 17 and 19 living with Type 1/Type 2 diabetes
- *June-July 2015* – youth commissioners complete training programme, including public speaking and clinical commissioner training
- *August 2015* – community workshops delivered at West Ham football stadium, gathering feedback on CYP diabetes pathway and testing aspirations for commissioning recommendations
- *September 2015* – commissioning intentions outlined to provider emphasising better access developing and improving transition services
- *October-November 2015* – Plan the redesigning of services

Next Steps: *December 2015* – finalise delivery and implementation plan, draft business cases as needed



Newham CCG Diabetes Youth Project – Key Themes:

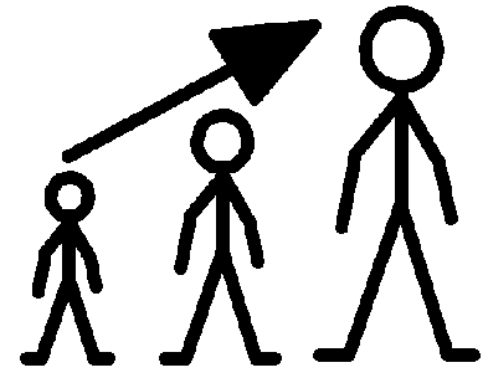


Relationship with health care team

- Private appointments
- Three way relationship & communication

Transitions

- Gradual process
- Co-designed personal plan



Clinic appointments

- Timing (availability)
- Virtual clinics

Peer support and self-care

- Mentor/buddy scheme
- Reducing stigma



Living with Diabetes – from diagnosis to every day living

diagnosis



A&E



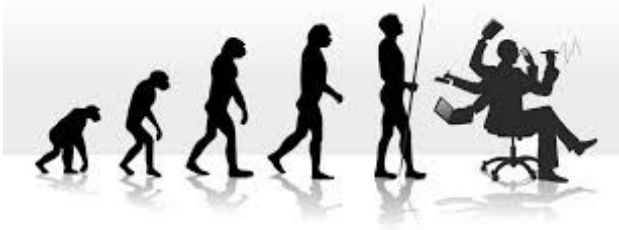
Hospital stay



Back Home



Adapting



What's next?



Thank you for listening

