







Partnership Working to Improve the Experience

Diversifying the Skill Mix in Primary Care: ESP Physiotherapy Initiative

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Who we are

TICCS: Provide community-based musculoskeletal and biomechanical treatments, from around 300 clinics, delivered by 500 HCPC/NMC/GOsC/GMC registered professionals.



Salus Medical Services: A federation of 23 GP practices in NE Hampshire and Farnham CCG. Salus provides a platform for partnership working to strengthen regional General Practice.

Jenner House GP Surgery: Part of NE Hampshire and Farnham CCG and provider of quality health care to 10,000 patients. This comprises GP and Nurse Practitioner surgeries, Pharmacists and Paramedics, weekly chronic disease management clinics and physiotherapy, delivered by TICCS









The Problem

- ❖GP consultations have increased by 15%; three times the rate of increase in trained GPs.
- Consultations' complexity are also rising, requiring longer appointments (King's Fund).
- ❖Jenner House (JH) Surgery patients could wait up to 4 weeks before seeing a MSK practitioner.









Our Partnership Solution

- Given that 30% of appointments are MSK related (MSK Services Framework), a physiotherapy-based solution could alleviate pressure on JH and improve patient satisfaction
- The Practice Manager, Marie Edwards, approached TICCS to explore joint working between Physiotherapists and GPs, confident it would improve the experience.









Our Partnership Solution

- TICCS provided a Musculoskeletal (MSK) assessment clinic in JH Surgery for patients to be assessed by an expert MSK clinician (Extended Scope practitioner (ESP)), rather than GP.
- ❖ Patients can book appointments with a Physiotherapist, rather than GP; giving patients control over the clinician they see.
- This helped solve JH's GP shortage by diversifying their clinical workforce while improving their skill mix.

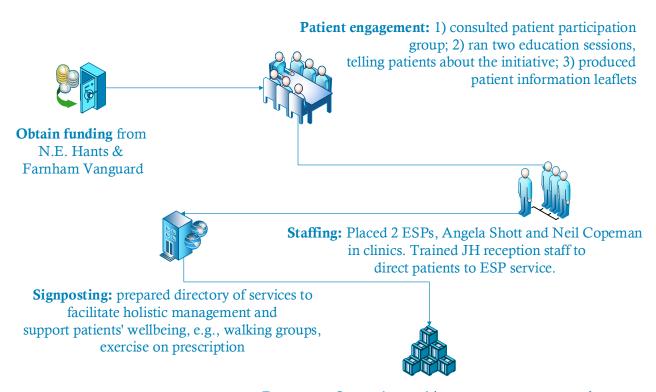








How We Did It: Planning



Resources: Sourced consulting room, treatment couch and familiarised with IT system to record consultations.

How We Did It: Delivery

- ❖ 2 clinics per week. Each clinic provided x16, 15-minute appointments
- Reception staff followed 2 simple triage questions to understand patients' suitability

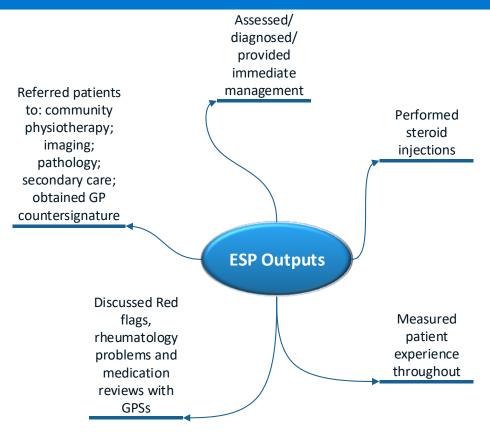








How We Did It: Delivery



Outcomes

- 1. Enhanced JH's capacity: saving 240 GP appointments over 12 weeks.
- 2. Improved patient experience: 99% likely/extremely likely to recommend the service. Patients access physiotherapy appointment within 3 working days.
- 3. Saved money: £10,800 saved by reduced GP appointments; £7119 saved by fewer orthopaedic/physiotherapy referrals.









Outcomes

"It's almost impossible to achieve one of these aims, let alone three!"

Jenner House Practice Manager



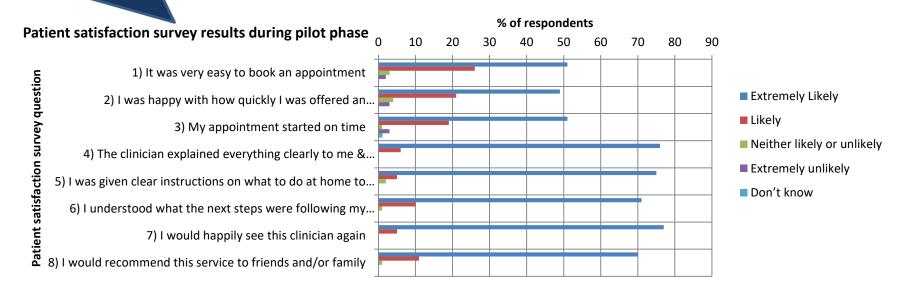




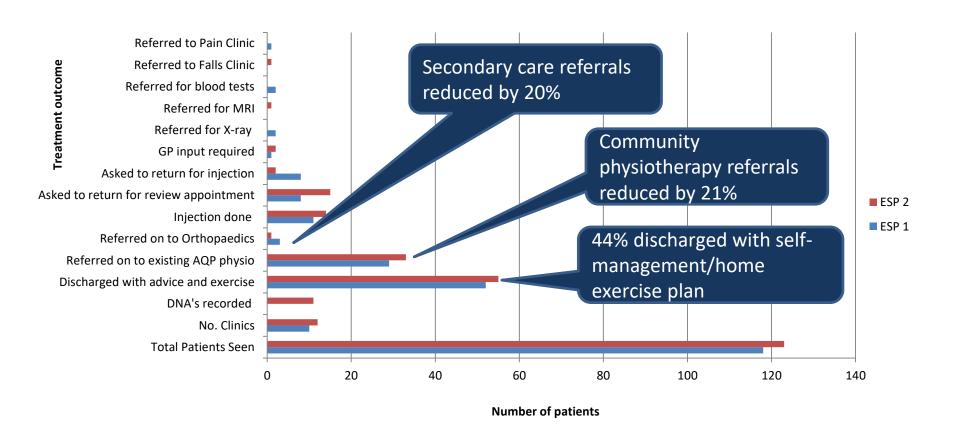


Outcomes: Satisfaction Survey Results

99% of patients seen were extremely likely or likely to recommend to friends and family



Outcomes: Treatment Outcomes



The Future

- ☐ First Steps to Multidisciplinary Team Working in primary care

 Develop specialist clinics for Clinical Pharmacist, Rheumatology

 Nurse, Counsellors
- **☐** Online Apps

Provide education/tools for long term condition monitoring, allowing patient to understand when to access healthcare

☐ Prevention Modules:

Identify at risk patients and provide targeted education and wellbeing days.







