## **'DYING WITH DIGNITY'**

**CATEGORY: SUPPORT FOR CAREGIVERS, FRIENDS AND FAMILY** 

Barking, Havering and Redbridge University Hospitals

**Heather Wright:** Palliative Care Team Leader

**Diane Drain & Tracey Morton:** End of Life Care Facilitators

Revd Alison Horncastle: Chaplain







## **BACKGROUND**



Trust wanted to acknowledge the patients death with NOK and prepare for receiving bereavement survey

There was nothing in local area for bereaved relatives unless linked into local hospice or GP where there are long waiting lists for counselling

Many complaints around lack of support, patients property handed back to them falling out of bags or given in a plastic laundry bag

We were receiving no official feedback from relatives or carers regarding experiences around death and dying



## **PROCESS**



Mourning
Coffee
Once a month
in Havering,
Barking and
Dagenham and
Redbridge



Condolence Cards sent out following a death, introducing the Bereavement survey and offering the opportunity to have a meeting with Chaplains or Palliative Care Team Leader Bereavement surveys now sent out 12 weeks following death instead of 6-8 weeks

The Dignity Logo is used on side room doors and the patient name boards



Bereavement comments used in teaching and fed back to divisions



Dignity bags are being used for deceased Patients property



## **OUTCOMES**

"Everyone did everything they possible could to make the end as comfortable as possible"

"Compassionate and caring staff, displayed complete dignity for my Mum" Chaplaincy/ Palliative Care
Team telephone support has
increased

2013 Response rate – 33% 2016 Response rate – 44% "Her care was excellent"

**End of Life Care** 

**Complaints: 2015: 27** 

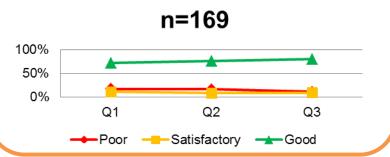
2016: 5

Face to face informal meetings with

Bereaved: 2015: 2

2016: 6

How would you rate the care your relative/ friend received in the very last days of their illness?



"Being able to talk to a professional if needed and getting information is helpful"

"Everything about the meetings are helpful"

**How helpful is Mourning Coffee for you?** 

"It has really helped me through the grief" "Talking to other people in the same situation is helpful"

