

# Improving the Patient Experience in a Rehabilitation Unit



## Introduction

- Hywel Dda University Health Board provides healthcare services to a total population of around 400,000
- Prince Philip Hospital is one of 4 District General Hospitals within the Health Board
- The project area identified is a designated 15 bedded elderly care rehabilitation unit – Mynydd Mawr Rehabilitation Unit
- The Team have implemented a series of measures to improve patient experience one being Reminiscence Interactive Therapy Activities (RITA)

## Background

- **R** – My life collage, local history, family photograph, music & films through the decades
- **I** – Interactive touch screen technology including games, real time projects
- **T** – Therapeutic exercises, stimulation throughout the day helping towards positive sleep/awake cycle
- **A** – Individual or group activity, encourages socialisation and encourages family engagement



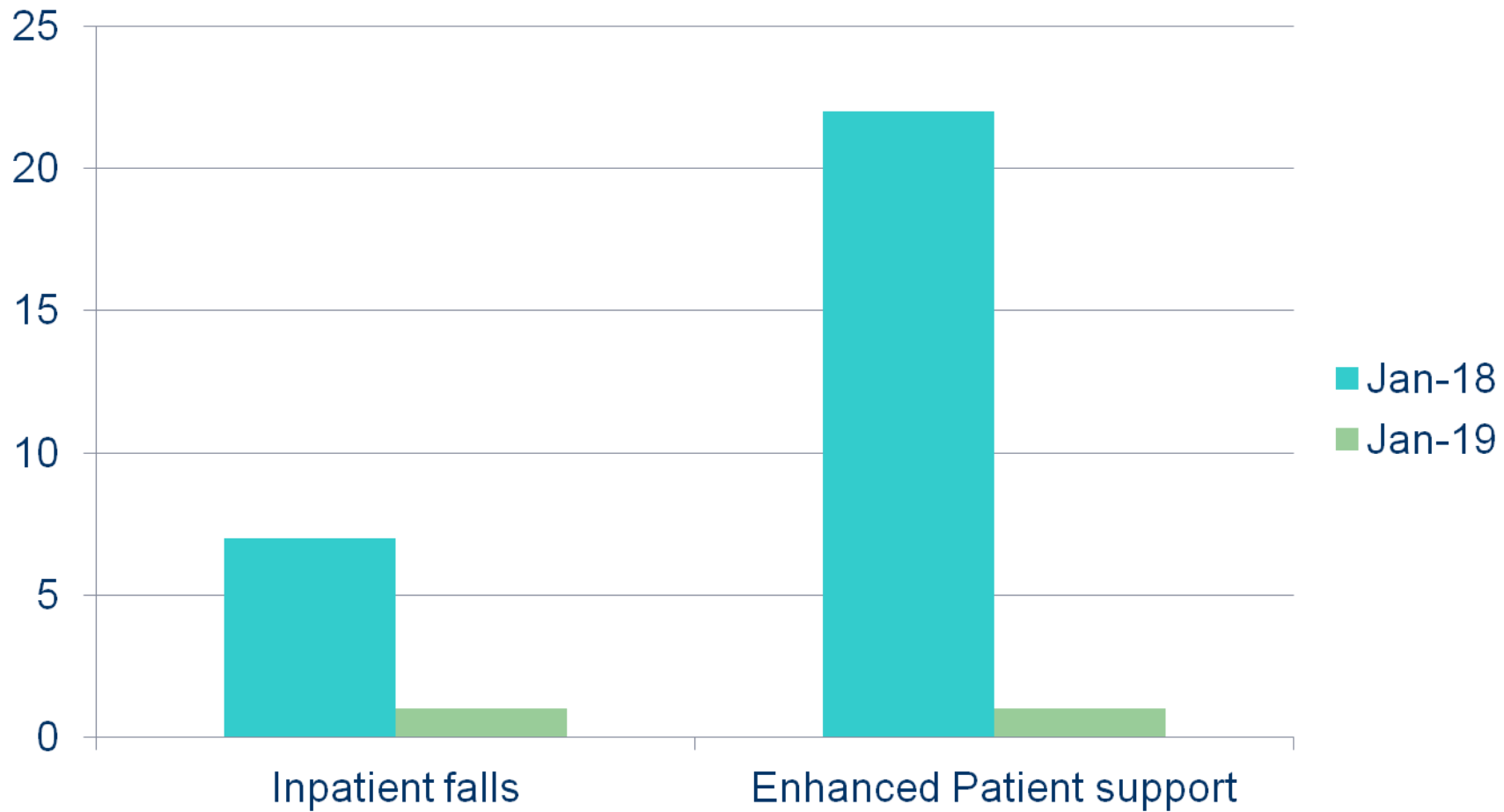
## Rationale

- Patient experience
- Patient safety
- Patient length of stay

## Context

- Enables a personalised holistic approach
- Reduces inpatient falls, promotes a positive environment, helps manage delirium
- Promotes engagement and enhanced rehabilitation

# Impact & results achieved



# Susan James

## Former Mynydd Mawr Patient

- [Susan's Story](#)

- Click to play 