

Frailty Care on a Surgical Ward Ipswich Hospital NHS Trust

Support for Caregivers and Measuring, Reporting & Acting

Naomi Gunton-Ward Sister

Fiona Rawson-Ward Sister

Tracey Wakeling-Nurse Consultant

Gill Orves and Richard Wall-IHUG

Debbie Reeve-Suffolk Family Carer

#teamipswich

@tracey_wakeling





CHANGES

- Every patient's level of frailty to be assessed on admission
 - Wash and dress in the bathroom not by bedside
 - Kitchen for relatives to make hot drinks
- Stronger links with Suffolk Family Carers to improve support
 - Walk round huddle and goal setting
 - Early mobilisation and static cycle
 - Activities purchased
 - Social dining
- Aiming to get patients up and dressed daily
 - Slippers and clothes available



Patient Survey – Pre and Post Reablement Implementation



Question	Strongly agree	
	Before	After
I feel I am involved in making decisions about my daily rehab goals	22%	67%
My daily goals were agreed and explained so that I understand them	11%	67%
My daily rehab goals are written up on my whiteboard	17%	94%
I have clothing and equipment needed to safely participate in my rehab	43%	83%
I am happy with my ability to do my daily routine	28%	67%
I have written guidance on my exercise and rehab	17%	89%
I do my agreed exercise every day	39%	93%
I see improvement in my rehabilitation	14%	50%
It is easy to talk to staff about my progress towards going home	69%	93%
Staff are keen to support me with my rehab	33%	94%
Overall patients who agreed or strongly agreed across all questions	63%	97%
Patients who agreed that they had daily goals agreed , on whiteboard and equipment or clothing and do their daily exercise	28%	90%



Patient and Carer Feedback

I have never been on a ward where every one of the staff pushes you to get up and walk and be more independent, we all look better in our room

Great to know at start of the day so I can make a start and not worry about what to do, lovely staff

It is good that my family can see my board as I sometimes forget and they remind me

nice to have reception to walk to and see the views and the information about rehabilitation and what you can do when we get home to help yourself, good staff good ward

Sasha, therapist came twice yesterday and supported wife for discharge needs. Pleased staff encouraged him to use bell before going to toilet so staff can supervise

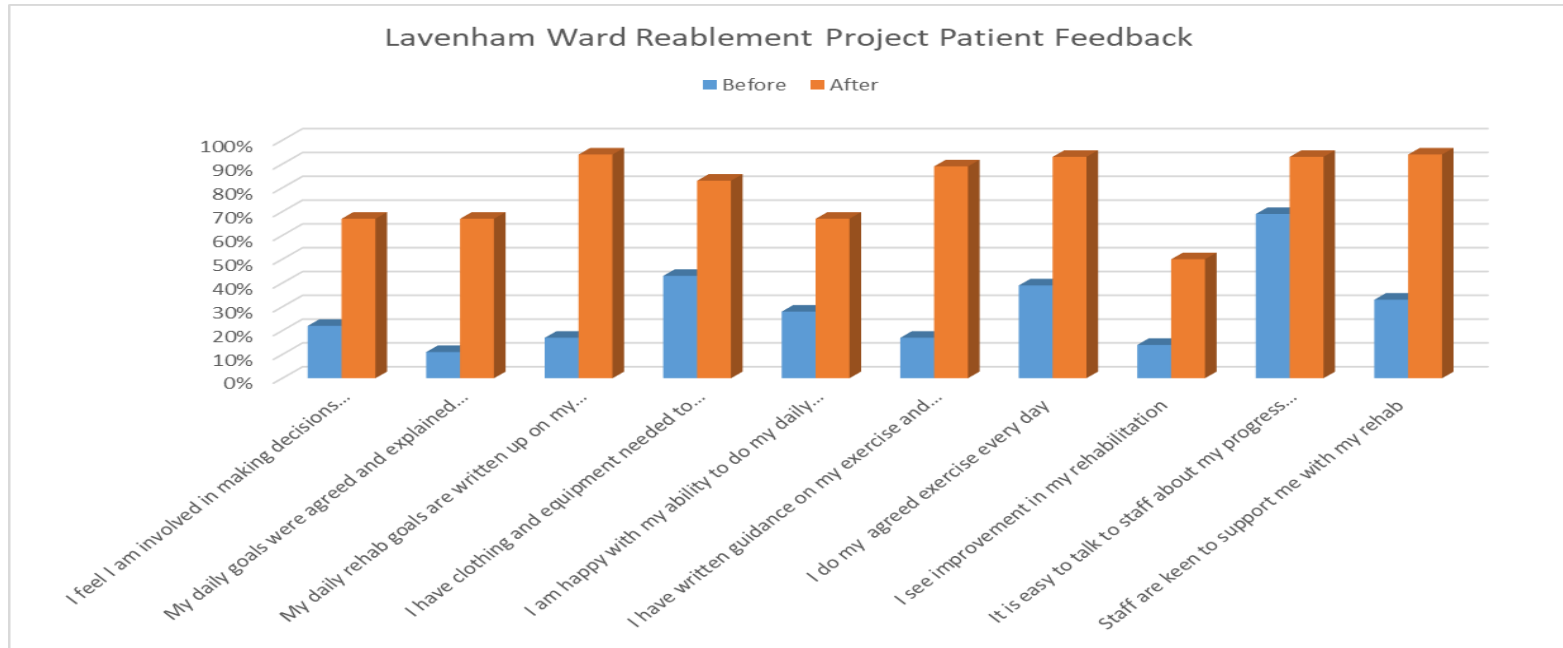
Kind and explain to me when they come to my bedside in the morning so I know what I am doing that day

I couldn't do it without you all

amazing ward staff

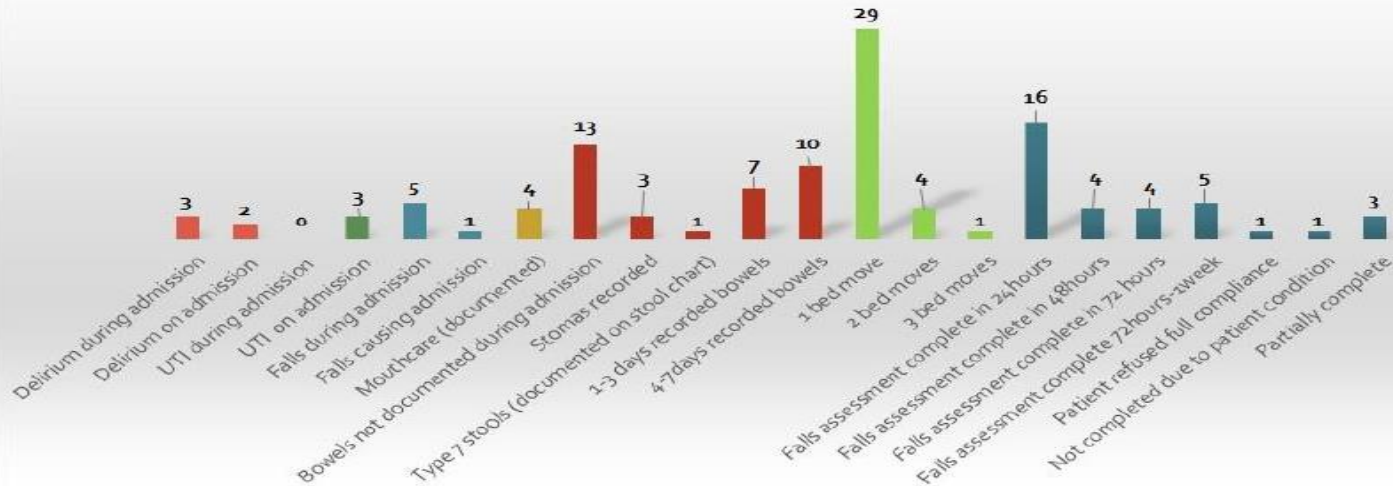


Responses to Patient Survey



Frailty Audit August 2017

Frailty Audit of 34 patients on Lavenham ward during August 2017



Frailty pathway (for patients with an identified level of frailty)

- Frailty score on admission
- Delirium assessment
- Mental Capacity assessment
- Falls assessment
- Stool Chart
- Food Chart
- Fluid Chart
- Continence assessment
- Complete initial assessment
- Full skin assessment
- Referral to Nurse Consultant
- Referral to therapies
- Identified family carer
- What matters to you?

Frailty score on discharge
Delirium re-assessment

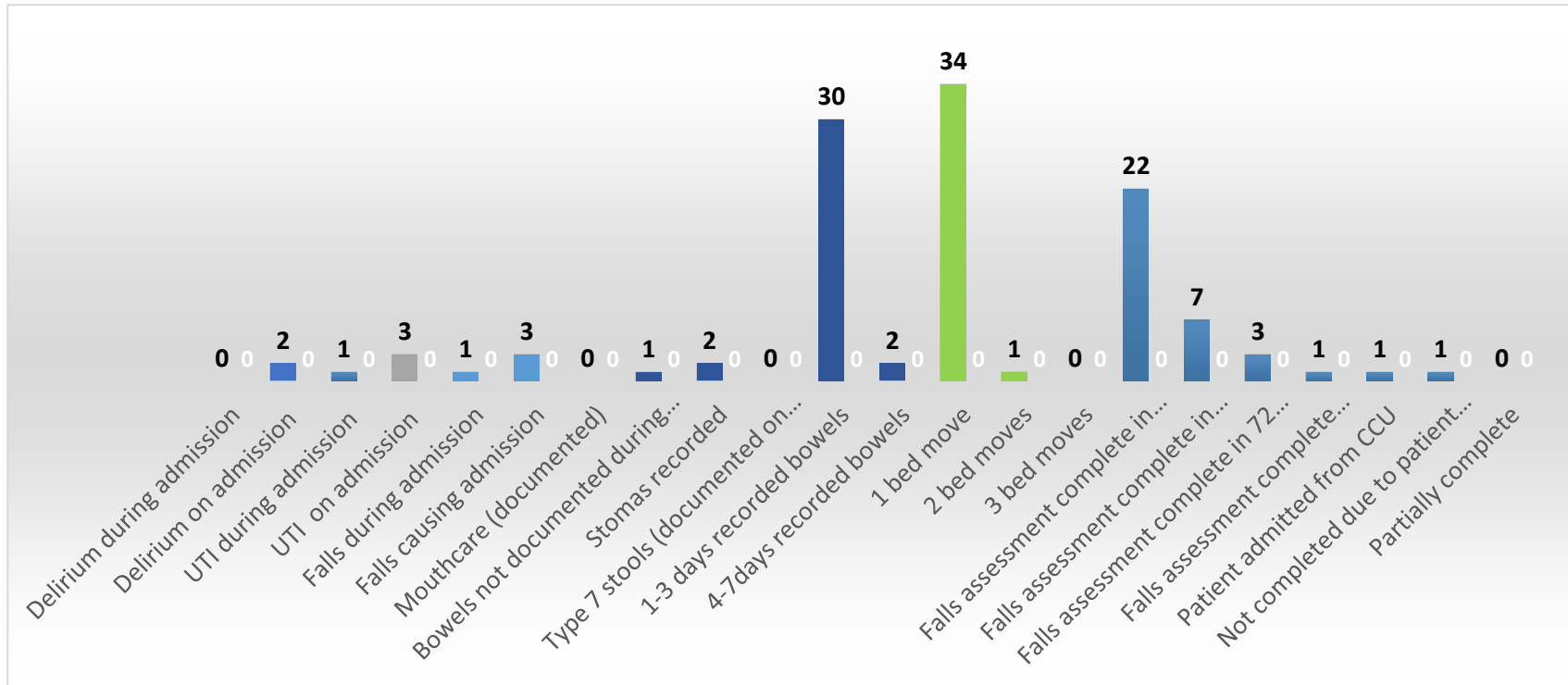
All falls precautions taken

Suitable mattress/cushion

With Consent SFC referral



Frailty Audit January 2018



Looking Forward.....

