

A horizontal rainbow-colored arc spanning the top of the slide.

hello my name is...

A simple green curved line representing a smile.

Justine Allen

Older People and Dementia Sister

Fixing the Fundamentals of Care for Older People



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Fixing the Fundamental's is ...

‘Listening to what older people, family, carers, and staff are saying.

By doing so, allowing the ‘**fundamentals of care**’ to be delivered to older
people in hospital’



Implementation and Evaluation of Fixing the Fundamentals

Each ward had 18 months to implement their Action Plan. Following this, evaluation demonstrated very positive results. Teams were able to measure their improvements and achievements by;

- Demonstrating an improved Observation of Care from baseline.
- The Family and Friends survey results increasing
- Staff knowledge base and confidence around older people's care improving.

Meet the teams



University Hospitals
of Leicester
NHS Trust



A decorative graphic at the top of the slide, consisting of a wavy line that transitions through the colors of the rainbow: purple, blue, green, yellow, orange, and red.

Team achievements were many, some of

which included;

- ★ Improving continence care
- ★ Providing a selection of snack finger foods for patients
- ★ Supporting teams become Dementia and Older People's Champions by offering combined training for wards

Other achievement's included.....

1. Enhancing mealtimes



Weekly Meal Planner

Name: _____ Dietary Requirements: _____ Red tray/lid required? ☐ If yes, please tick ☒

Please use this planner with the hospital menu to tell us about a patient's food and drink choices. Our catering staff may use this to order meals. A range of menus are available for different dietary needs - please ask ward staff for further details.

Ward _____ Day _____ Diet _____ or Side Room _____

MONDAY		TUESDAY	
Breakfast:	Drink:	Breakfast:	Drink:
Lunch:	Drink:	Lunch:	Drink:
Starter:	Drink:	Starter:	Drink:
Main:	Drink:	Main:	Drink:
Pudding:	Drink:	Pudding:	Drink:
Supper:	Drink:	Supper:	Drink:
Starter:	Drink:	Starter:	Drink:
Main:	Drink:	Main:	Drink:
Pudding:	Drink:	Pudding:	Drink:

WEDNESDAY		THURSDAY	
Breakfast:	Drink:	Breakfast:	Drink:
Lunch:	Drink:	Lunch:	Drink:
Starter:	Drink:	Starter:	Drink:
Main:	Drink:	Main:	Drink:
Pudding:	Drink:	Pudding:	Drink:
Supper:	Drink:	Supper:	Drink:
Starter:	Drink:	Starter:	Drink:
Main:	Drink:	Main:	Drink:
Pudding:	Drink:	Pudding:	Drink:

Enhancing Patient Mealtimes

Guidelines for Best Practice

(including Red Trays and Red Lids System)

Trust Reference B43/2006

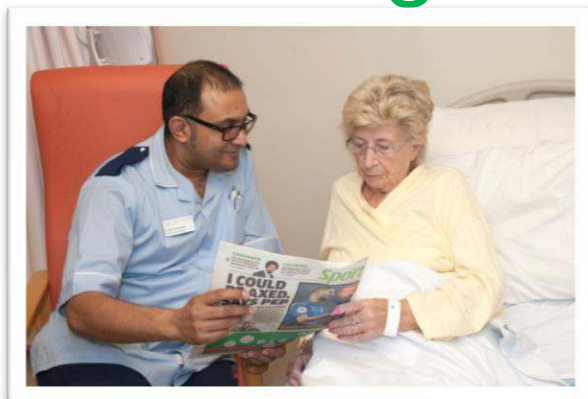
University Hospitals of Leicester



Carrot and Orange Finger Sticks V E
Thick and Creamy Yoghurt V E
Muller Light Yoghurt V E
Assorted Packs of Biscuits V E

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2. Providing meaningful activities




Free Newspaper Delivery To UHL

As from Monday 13th June 2016 the Metro will be delivered every weekday to the Main Reception at the LRI GH and LGH.

The Fixing the Fundamentals listening event for older people highlighted the need for a daily delivery of newspapers. Newspapers help to relieve boredom, add structure to a long day and provide a way for patients to keep up to date with current issues.

In a positive response to this a delivery of the free Metro newspaper has been arranged. The Volunteers will deliver the Metro to wards and clinics as part of the weekly library service. A Metro stands has been placed in main reception for visitors.

For further information please contact the Volunteer office on 0116 2587221. Service subject to Volunteer availability.



Activities for Patients

These resources were provided for patients by:



Contents:

- Large print crossword puzzles
- Large print word searches
- Jigsaw Puzzles
- Large print playing cards
- Chess, draughts, backgammon sets
- Adult colouring books
- Watercolours and brushes
- Pencil Crayons
- Dominoes

Please return after use so they can be enjoyed by all patients on the ward



A patient in a hospital bed, wearing a patterned green and black gown, is looking at a tablet held by a healthcare worker in a white uniform. The healthcare worker is smiling and showing something on the screen. The patient has a white bandage on her left arm and a red string tied around her right wrist. The background shows a hospital room with a white pillow and a green headboard.

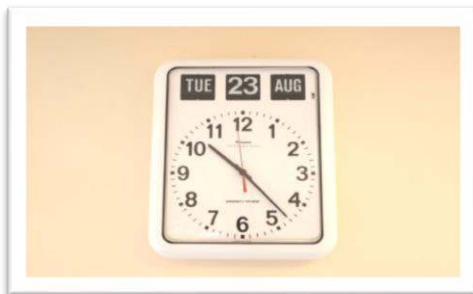
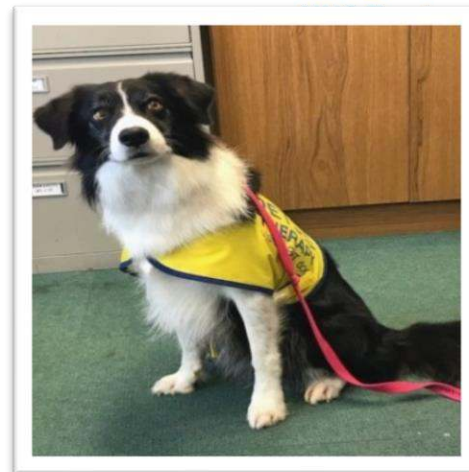


A personal Hearing Loop is available on the ward



Please ask a member of staff

4. Enhancing the environment



Congratulations to all teams involved in Fixing the Fundamentals





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Time to celebrate

