

A decorative wavy line at the top of the slide, transitioning from purple on the left to blue, green, yellow, and red on the right.

# The Forget ME Not Scheme

# **hello** my name is...

A simple green smiley face consisting of a curved line.

Justine Allen

Older People and  
Dementia Sister

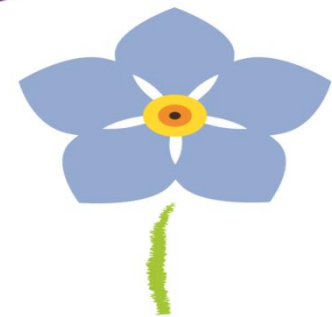
Wendy Allibone

Matron



@UHL\_DOE

PatientFeedbackMailbox@uhl-tr.nhs.uk



# Forget ME Not

The Forget ME Not Scheme recognises, identifies  
and supports patients and carers living with dementia  
in the University Hospitals of Leicester

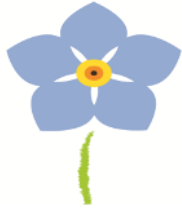
# Why ?



Supports national recommendations.



Feedback from family, carers and friends.



# How ?

By using a Quality Improvement initiative;



Forget Me Not flower behind the patients bed space



Forget Me Not flower magnet on the patient ward boards



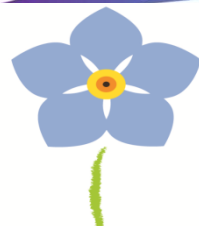
Blue wrist bands



Forget ME Not stickers for the front of the patients notes



Alerts added to Patient Centre

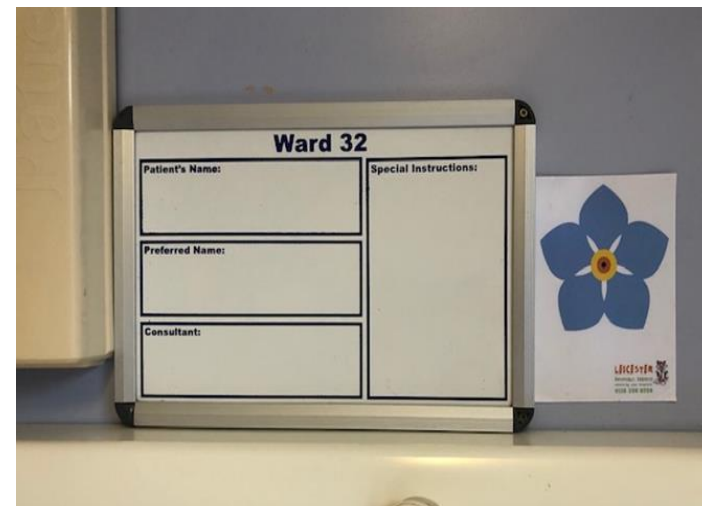
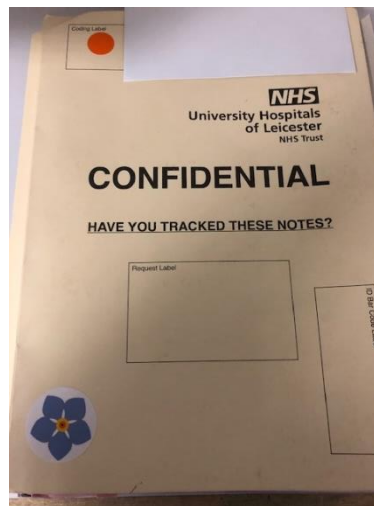


**Current Inpatients With a Known Dementia Status as at 19/02/20**

Current Inpatients With Known  
Diagnosis of Dementia Recorded on  
Patient Centre Special Register

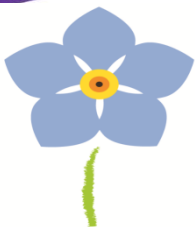
Hospital Code	Ward Code	System Number	Name	Current Age Years	Special Register	Special Register Date Entered
GH	F28			89	KNOWN DIAGNOSIS OF DEMENTIA	07/11/2018
GH	F33			80	KNOWN DIAGNOSIS OF DEMENTIA	18/02/2020
GH	F33A			82	KNOWN DIAGNOSIS OF DEMENTIA	15/10/2019
LGH	G15N			70	KNOWN DIAGNOSIS OF DEMENTIA	14/11/2018
LGH	G22			88	KNOWN DIAGNOSIS OF DEMENTIA	11/06/2019
LGH	G23			74	KNOWN DIAGNOSIS OF DEMENTIA	18/02/2020
LGH	G28			75	KNOWN DIAGNOSIS OF DEMENTIA	12/02/2020
LGH	G3			89	KNOWN DIAGNOSIS OF DEMENTIA	04/03/2019
LGH	GU6A			78	KNOWN DIAGNOSIS OF DEMENTIA	29/03/2019
LRI	R07			82	KNOWN DIAGNOSIS OF DEMENTIA	08/07/2018
LRI	R07			90	KNOWN DIAGNOSIS OF DEMENTIA	05/04/2019
LRI	R15			83	KNOWN DIAGNOSIS OF DEMENTIA	07/02/2020
LRI	R17			78	KNOWN DIAGNOSIS OF DEMENTIA	08/02/2020
LRI	R18			81	KNOWN DIAGNOSIS OF DEMENTIA	18/02/2020
LRI	R18			90	KNOWN DIAGNOSIS OF DEMENTIA	11/02/2020
LRI	R18			84	KNOWN DIAGNOSIS OF DEMENTIA	01/12/2019
LRI	R18			79	KNOWN DIAGNOSIS OF DEMENTIA	10/06/2019
LRI	R18			87	KNOWN DIAGNOSIS OF DEMENTIA	04/02/2020
LRI	R18			78	KNOWN DIAGNOSIS OF DEMENTIA	25/01/2020
LRI	R22			85	KNOWN DIAGNOSIS OF DEMENTIA	25/01/2020
LRI	R22			86	KNOWN DIAGNOSIS OF DEMENTIA	03/02/2020

Current Inpatients with DE All DE on Special Register






# The Forget Me Not scheme; 'Delivering Person Centred Care'





# Recommendations

-  Only for patients with a known diagnosis of dementia at this time
-  All patients with a known diagnosis of dementia will automatically be included in the scheme but can opt out
-  Family will be informed of the scheme at the earliest opportunity.

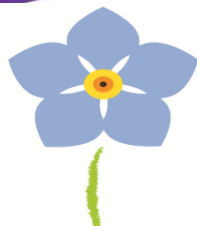


# Forget Me Not in Outpatients

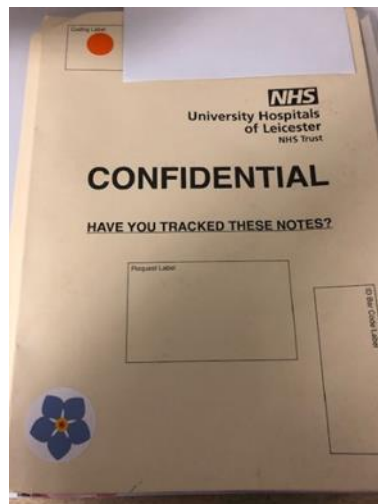
## Meet the Teams







# University Hospitals of Leicester NHS Trust

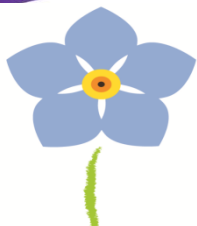


Current Inpatients With a Known Dementia Status as at 19/02/20

Current Inpatients With Known  
Diagnosis of Dementia Recorded on  
Patient Centre Special Register

	Hospital Code	Ward Code	System Number	Name	Current Age Years	Special Register Date Entered	Special Register Date Entered
7	GH	F28			89	KNOWN DIAGNOSIS OF DEMENTIA	07/11/2018
8	GH	F33			80	KNOWN DIAGNOSIS OF DEMENTIA	18/02/2020
9	GH	F33A			82	KNOWN DIAGNOSIS OF DEMENTIA	15/10/2019
10	LGH	G15H			70	KNOWN DIAGNOSIS OF DEMENTIA	14/11/2018
11	LGH	G22			86	KNOWN DIAGNOSIS OF DEMENTIA	11/06/2019
12	LGH	G23			74	KNOWN DIAGNOSIS OF DEMENTIA	18/02/2020
13	LGH	G28			75	KNOWN DIAGNOSIS OF DEMENTIA	12/02/2020
14	LGH	G3			89	KNOWN DIAGNOSIS OF DEMENTIA	04/03/2019
15	LGH	G24A			78	KNOWN DIAGNOSIS OF DEMENTIA	29/03/2019
16	LRI	R07			82	KNOWN DIAGNOSIS OF DEMENTIA	09/07/2018
17	LRI	R07			90	KNOWN DIAGNOSIS OF DEMENTIA	05/04/2019
18	LRI	R15			87	KNOWN DIAGNOSIS OF DEMENTIA	07/02/2020
19	LRI	R17			78	KNOWN DIAGNOSIS OF DEMENTIA	09/02/2020
20	LRI	R18			81	KNOWN DIAGNOSIS OF DEMENTIA	18/02/2020
21	LRI	R18			90	KNOWN DIAGNOSIS OF DEMENTIA	11/02/2020
22	LRI	R18			94	KNOWN DIAGNOSIS OF DEMENTIA	01/12/2019
23	LRI	R18			79	KNOWN DIAGNOSIS OF DEMENTIA	19/06/2019
24	LRI	R18			87	KNOWN DIAGNOSIS OF DEMENTIA	04/02/2020
25	LRI	R18			76	KNOWN DIAGNOSIS OF DEMENTIA	25/01/2020
26	LRI	R22			85	KNOWN DIAGNOSIS OF DEMENTIA	25/01/2020
27	LRI	R27			80	KNOWN DIAGNOSIS OF DEMENTIA	03/02/2020

Current Inpatients with DE / At DE on Special Register



*Caring at its best*



## Forget ME Not...

Recognising people living with dementia,  
be confident to care



### **Family, friends and carers involvement**

Good open communication with patients, carers,  
family and staff.



### **Orientate**

Orientate to day, time and place. Encourage patients  
to get dressed and sit out of bed. Ensure patients call  
bell is within reach and toileting is offered.



### **Reassure**

Reassure patients with a smile you're there to help.



### **Get to know me better**

Encourage family to bring in familiar things in from  
home. Complete Know Me Better Patient Summary.



### **Explain**

Introduce yourself and ask what the patient likes to  
be called. Gain consent. Explain what you are doing  
and why.



### **Time**

Take time to offer a drink or snacks. Ensure patients  
are offered assistance at meal times. Promote good  
nutrition and hydration, offer 7 day meal planner.

...ME Not

*Caring at its best*

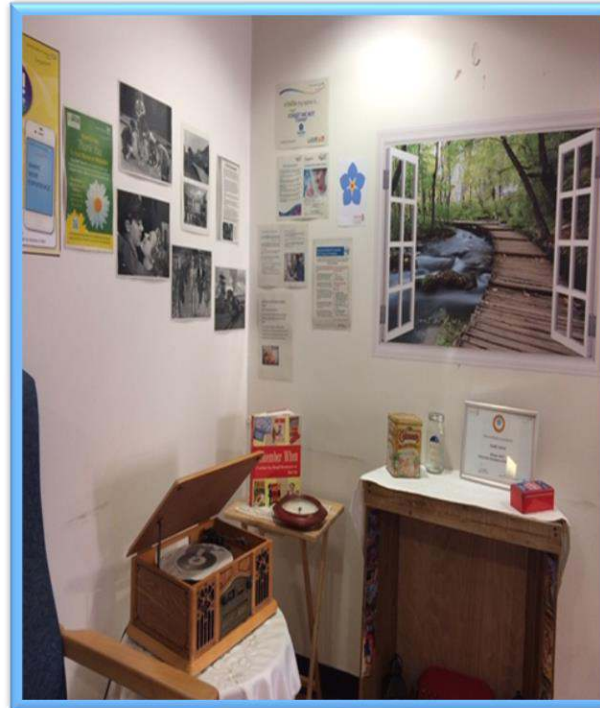


## Forget ME Not scheme in Ophthalmology

Please let us know if a patient attending the  
department has a diagnosis of Dementia.

The **Forget ME Not Scheme** will help staff  
support people with Dementia by;

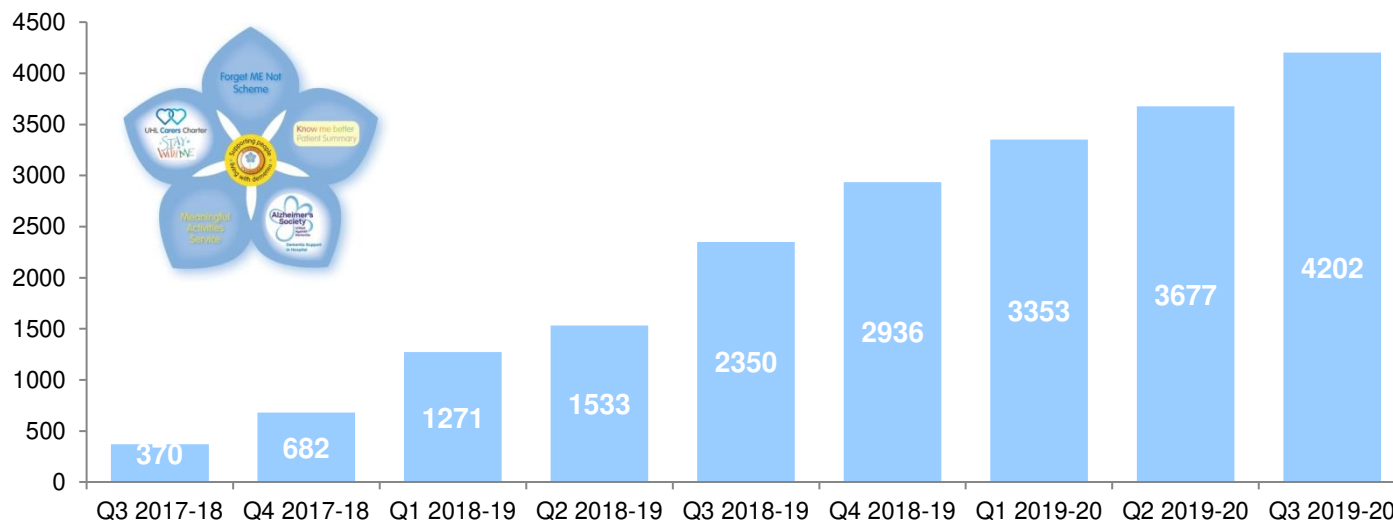




### The Way I Feel

Today I woke not feeling the same; it was almost like something had affected my brain. I realise now that this had been for a while, but I just guess that I was in denial. The sun still shone, the rain did fall, everyday life continues as before. Relatives and friends called around, it seemed to me they talked so loud. Daily chores, food shopping too, just piles into one, I had no clue. Bills still dropped at our front door, I recognised the envelopes that I'm sure. I know that now my life had changed but inside my mind I am afraid. Please love me as you did before, it is not my fault of that I'm sure. Written by Linda Carter.

## Total patients with a known diagnosis of dementia recorded on Patient Centre

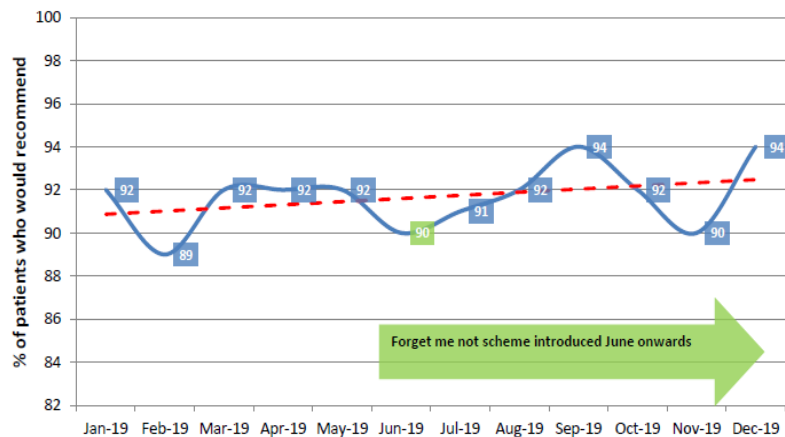


■ Total patients with a known diagnosis of dementia recorded on patient centre

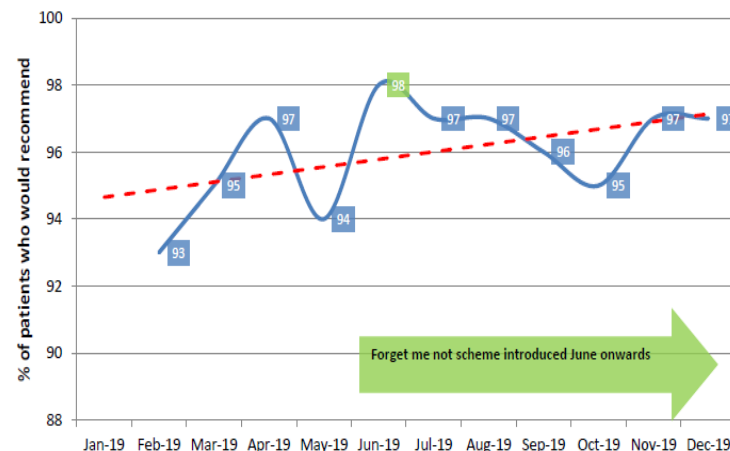


# Family, carers and friends survey

## Fracture Clinic Outpatient Friends and Family Test



## Dermatology Clinic Outpatient Friends and Family Test





## Results;



MDT; the flower behind the bed was very helpful. They were mindful when they spoke to the patient.



Family; overwhelmingly positive feedback, the scheme is very helpful and were happy for their loved ones to have their dementia diagnosis shared.



Nurses and Allied Healthcare Workers; by simply knowing the patient has a diagnosis of dementia, feel more confident to care.



# Cont....



“We have visited the department many times and the stress has been taken out of hospital visits”



“The area makes the visits much more relaxing for the patient and the family”



“The area for people with dementia helps and is very nice”



University Hospitals  
of Leicester  
NHS Trust



Thank you for listening, any questions please?