Frailty Care on a Surgical Ward Ipswich Hospital NHS Trust

Support for Caregivers and Measuring, Reporting & Acting

Naomi Gunton-Ward Sister Fiona Rawson-Ward Sister Tracey Wakeling-Nurse Consultant Gill Orves and Richard Wall-IHUG Debbie Reeve-Suffolk Family Carer

#teamipswich

@tracey_wakeling



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-Every patient's level of frailty to be assessed on admission -Wash and dress in the bathroom not by bedside -Kitchen for relatives to make hot drinks -Stronger links with Suffolk Family Carers to improve support -Walk round huddle and goal setting -Early mobilisation and static cycle -Activities purchased -Social dining -Aiming to get patients up and dressed daily -Slippers and clothes available



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Patient Survey – Pre and Post

Reablement Implementation



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	Strongly agree	
Question	Before	After
I feel I am involved in making decisions about		
my daily rehab goals	22%	67%
My daily goals were agreed and explained so		
that I understand them	11%	67%
My daily rehab goals are written up on my		
whiteboard	17%	94%
I have clothing and equipment needed to safely		
participate in my rehab	43%	83%
I am happy with my ability to do my daily		
routine	28%	67%
I have written guidance on my exercise and		
rehab	17%	89%
I do my agreed exercise every day	39%	93%
I see improvement in my rehabilitation	14%	50%
It is easy to talk to staff about my progress		
towards going home	69%	93%
Staff are keen to support me with my rehab	33%	94%
Overall patients who agreed or strongly agreed		
across all questions	63%	97%
Patients who agreed that they had daily goals		
agreed , on whiteboard and equipment or		
clothing and do their daily exercise	28%	90%



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Patient and Carer Feedback

I have never been on a ward where every one of the staff pushes you to get up and walk and be more independent, we all look better in our room

Great to know at start of the day so I can make a start and not worry about what to do, lovely staff

It is good that my family can see my board as I sometimes forget and they remind me

nice to have reception to walk to and see the views and the information about rehabilitation and what you can do when we get home to help yourself, good staff good ward

Sasha, therapist came twice yesterday and supported wife for discharge needs. Pleased staff ensouraged him to use bell before going to toilet so staff can supervise

Kind and explain to me when they come to my bedside in the morning so I know what I am doing that day

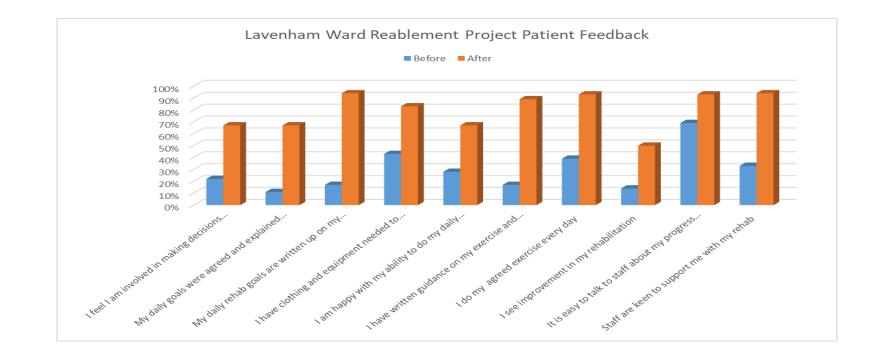
I couldn't do it without you all

amazing ward staff



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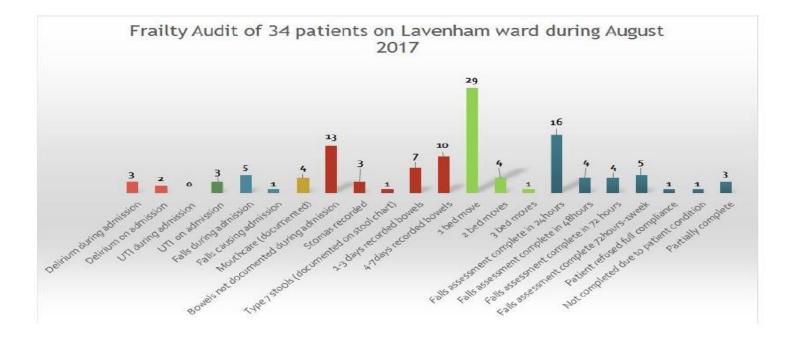
Responses to Patient Survey





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Frailty Audit August 2017





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Frailty pathway (for patients with an identified level of frailty)

- Frailty score on admission
- Delirium assessment
- Mental Capacity assessment
- Falls assessment
- Stool Chart
- Food Chart
- Fluid Chart
- Continence assessment
- Complete initial assessment
- Full skin assessment
- Referral to Nurse Consultant
- Referral to therapies
- Identified family carer
- What matters to you?

Frailty score on discharge Delirium re-assessment

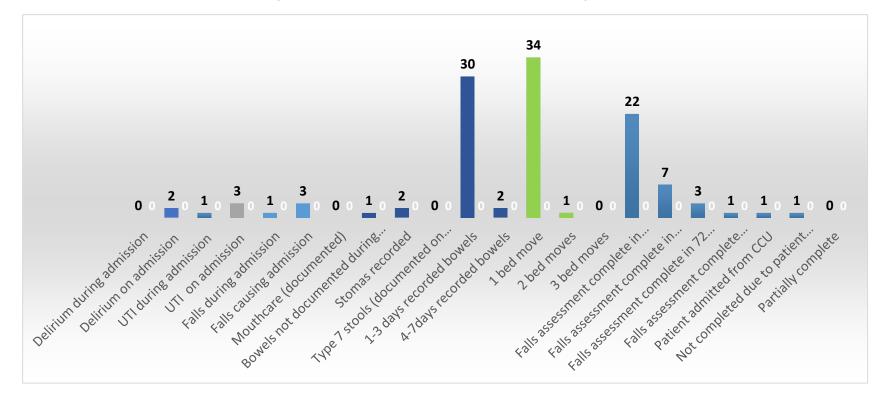
All falls precautions taken

Suitable mattress/cushion

With Consent SFC referral

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Frailty Audit January 2018





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Looking Forward.....





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