

One + all | we care

Royal Cornwall Hospitals  
NHS Trust



# `The Butterfly Scheme`

Liz Thomas

Lead Practitioner End of Life Care



@rchtpallandeol

One + all | we care

Royal Cornwall Hospitals  
NHS Trust



## What is it ?

An approach to delivering **personalised** ,  
**compassionate** care in the acute setting



## Goal to improve end of life care by:

- Supporting staff, confidence knowledge and skills
  - Enabling conversations
  - Improve symptom control knowledge



## Goal : to improve end of life care by increasing staff confidence

- Test of change on one ward over a month
- 50% staff trained before use
- Short ward based sessions on anticipatory prescribing, completion of end of life documentation, how to use the scheme



Goal to improve end of life care by increasing staff confidence :

### Communication

- Butterfly magnets on whiteboards/side room doors
- Dignity Clips for curtains
- Letter to relatives
- Identify what's important to the patient





## Documentation

- Encourages completion of end of life care plan through ward based teaching
- TEP/DNAR

## Training

- Short ward based sessions that address core issues
- Extended training sessions offered via training needs analysis



- Wedding boxes
- Comfort bags
- Belongings bags





One + all | we care

Royal Cornwall Hospitals  
NHS Trust



- Improving environments for those approaching end of life
- Guest beds for all wards
- Financial support from League of Friends, Trusts Charity & Macmillan



# Rainbow Days - adding colour to someone's day





# Our challenges .....

- Time constraints on team
- Rolling out change in the acute setting
- Releasing staff for study sessions



## Our lessons learnt .....

- Working alongside staff in the clinical areas is effective and supportive
- Recognising the challenges in implementing change in clinical areas – staff shortages
- Take the education to the staff ` tea and cake sessions ‘



# Staff Feedback

“Has really enabled me to provide better support to patients/relatives, fantastic idea”

“Great idea to have dedicated side rooms for end of life care, a dream “

“This is what really matters”



# Relative Feedback

“It enabled us to spend precious time with our Mum  
and be with her day and night Thank you “

“We cannot thank you all enough for the care that my husband Keith received,  
also for the care taken of us as a family. We all felt that all the staff were there  
for us and genuinely felt that we could ask anything. It was all very much  
appreciated”



# Sustainability

- Twelve month project roll out post funded by Macmillan to roll out scheme by December 2019
- Linked to Trusts Ward Accreditation Scheme
- Embedded into End of Life Care Plan
- Mandatory training
- Financial support from Charitable Funds, Macmillan and League of Friends
- Dying Matters Week
- Data collection





One + all | we care

Royal Cornwall Hospitals

NHS Trust



Thank you for listening