

# The Ipswich Hospital NHS Trust

## Voice4Change – strengthening the foundations

Sarah Smith, Children's Matron - @monkey8smith  
@Ipswichhosp @voice4changeIH



Respect

Kindness

Listen and  
involve

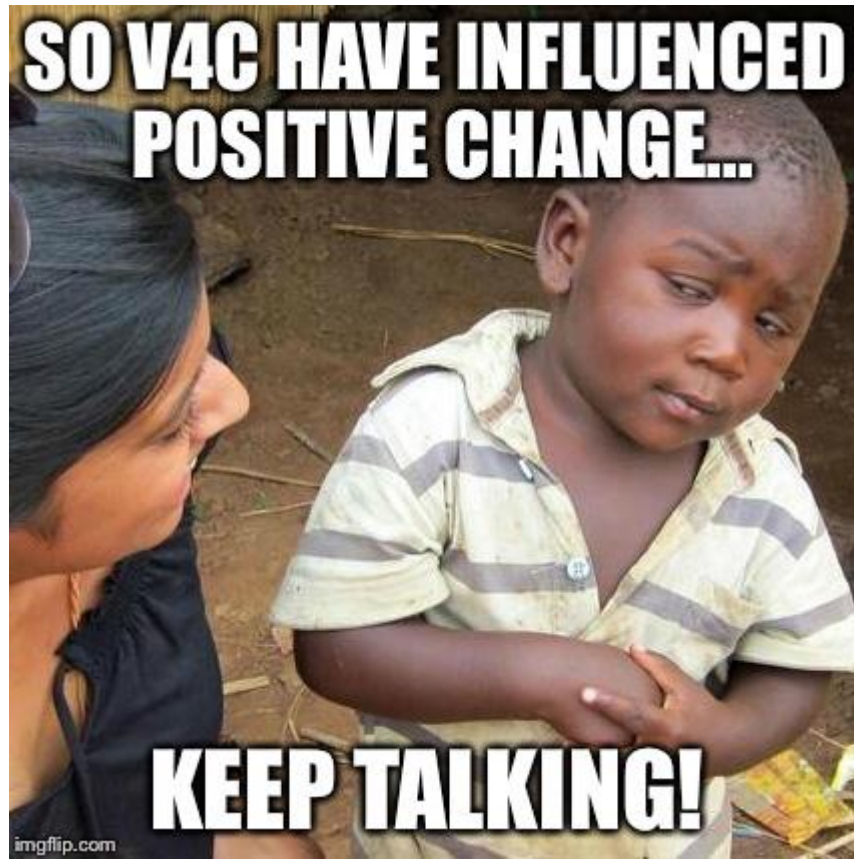
Professional

Efficient

Improving  
together

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Our Passion, Your Care.



# If at first you don't succeed....

CYP Listening event



Advertised county wide.



Joint venture with Healthwatch Suffolk



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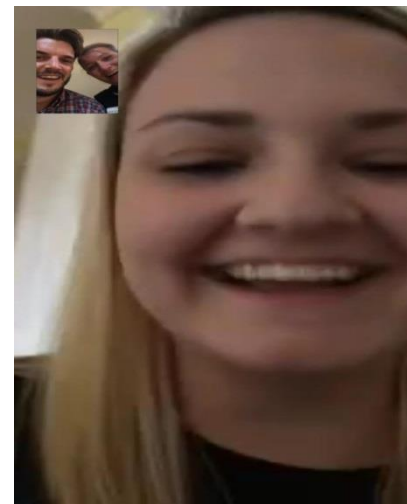
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# VOICE 4 CHANGE



@voice4changeIH



- Approached local schools/ Colleagues
- Role specific volunteer post advertised across schools/colleges and online.
- Set up Twitter account
- Facebook Group
- Brought friends along
- Grew to 20+ members



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# Projects...





The staff were good and explained everything

Liked CPR training

Good to see behind the scenes e.g. pathology



Very interesting to shadow people

Encouraged me to work hard



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# What next?



Working with young people with complex needs to determine what successful transition means to them

Intergenerational gaming/Bingo

Promoting children and young peoples health and wellbeing across the county.



Young People's Health Partnership



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