A young child with brown hair, wearing a blue raincoat and red pants, stands smiling next to a large mural on a concrete wall. The mural depicts a sailboat with a yellow and dark blue sail and a red hull, sailing on a blue sea. The child is holding a small object in their hands.

# Growing the Arts to support excellent care

Prue Thimbleby

Arts Co-ordinator

ABMU Health Board

@pruethimbleby

@ABMhealth

# The Facts & Figures

## **Arts Team Facts**

The Arts in Health work began in 2005 with an Arts steering committee and an active member of staff in capital planning running small Arts projects

In 2012 an Arts co-ordinator was appointed as a pilot project (15 hours a week for 18 months)

Now there is small team - all posts are part time or alongside other jobs

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Prue Thimbleby  
Arts Co-ordinator



Heather Parnell  
Capital Arts Manager



Fiona Edwards  
Capital Arts Facilitator



Martin Thomas  
Heritage Lead



Rebecca Kelly  
Heritage Assistant



Joanna Humphreys  
NR Music Therapist

# The Facts & Figures

## **Arts Team Figures**

The money for the Co-ordinators post has been funded from the Health Boards Charitable Funds and will soon become mainstream funded

The Co-ordinator has raised over £200,000 of external funding to run the programme of activities over the last four years

The Capital Arts Manager has been in post since October and is funded from Capital Planning

# Reconstructing Ourselves

**Aim:** To improve the patient's experience of the consultation with the specialist doctor



Rhian Solomon:  
Artist in Residence



Sarah Wright: Anthropologist  
& qualitative researcher



Nipple reconstruction  
textile workshop

# Reconstructing Ourselves

## **Objectives**

To work with patients having complex breast re-construction

To explore and make visible the patient's experience through three different approaches – anthropology, storytelling and fine art

To create debate which would culminate in a one day symposium and exhibition with wide participation

To ask: can pre-recording what the patients want to say before they go in to the consultation room improve the quality and outcome of the consultation?

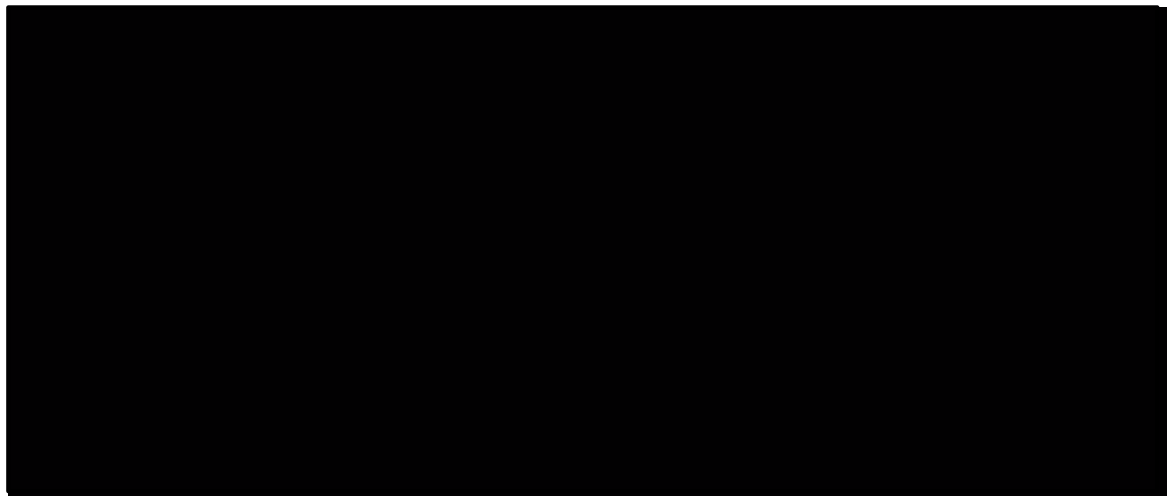
# OUTCOMES



**Are you ready for your consultation today?**  
Prepare for your consultation today

- Why are you here today?**
  - Do you have specific questions for your doctor?
  - What information would you like today?
- The agenda for your consultation**
  - Record what you want to say: Pre-consult what's important to you before you see your doctor
  - What matters most? What really matters to you? What do you want your doctor to know about you and your health?
- Play the roles: recording your doctor**
  - Talking with your doctor: Answering your questions and managing your care, treatment and health
  - Co-produced consultation: Improved patient experience

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# Storytelling in Residence



**Daniel Morden** is a leading Welsh storyteller and he has recently completed a course of chemotherapy for cancer in his jaw. He is doing a residency in cancer services

**Jessica Wilson** is teaching storytelling to patients and nurses in forensic mental health. **Prue Thimbleby** is working as a storyteller with community mental health.

**Nicola Grove** is a speech therapist and founder of Open Storytellers she and **Steve Killick**, a clinical psychologist and storyteller, are working with foster families to teach parents and professionals to tell stories



## The Storytelling for Health International Conference June 2017

**Our aim is to acknowledge and celebrate the importance and growth of storytelling for health and to understand and promote good practice and new research**

[www.artsinhealth.wales/conference](http://www.artsinhealth.wales/conference)

# Live Music & Poetry in Renal Unit

Bi-monthly Live Music

Cheryl Beer Ethnographic Poetry - Poetry Book launched March 16th



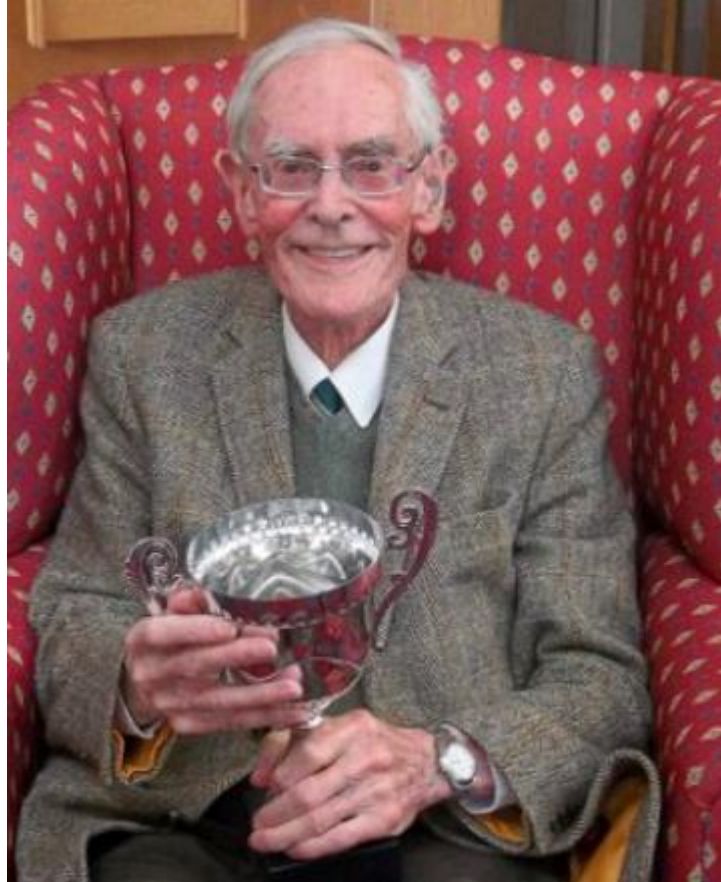
**Music weeks** – Two this year  
**Concert series** – Three times a month in two hospital foyers, plus ward concerts...



# Patient Stories

75 short video stories  
over four years.

Including 15 complaint  
stories all of which have  
brought resolution for  
the complainant and  
some of which have  
stopped the complaint  
escalating to court







See more and contact us at [www.artsinhealth.wales](http://www.artsinhealth.wales)