



Patient Diaries

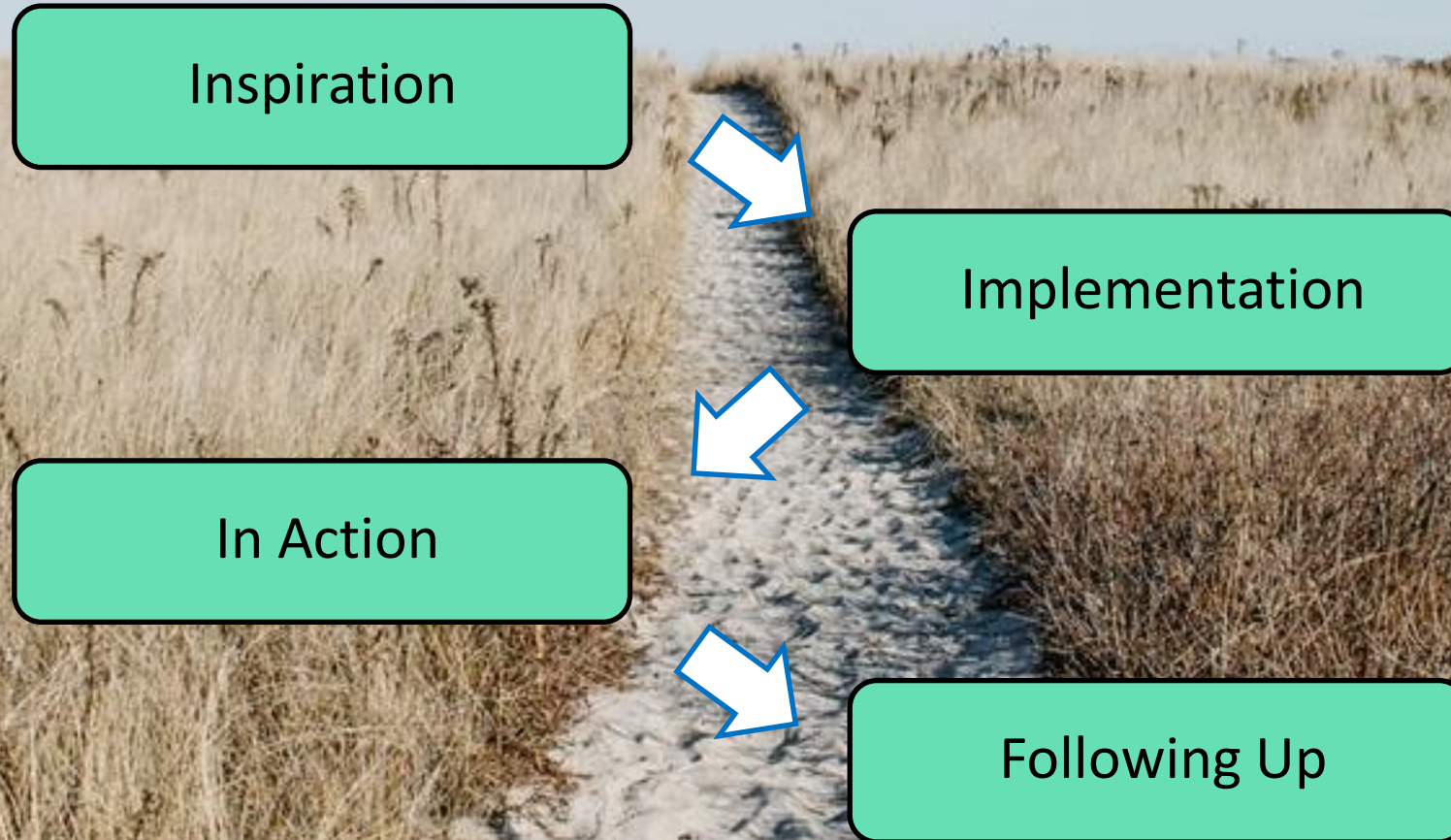
Following Patients Journeys' Through Critical Care



Awards 2020 – Personalisation of Care

Katie Steward – Senior Staff Nurse
Kym Vigus – Senior Staff Nurse
Sarah Bean – Research Nurse
Laura Muir – Sister, Patient Experience

Our Journey....



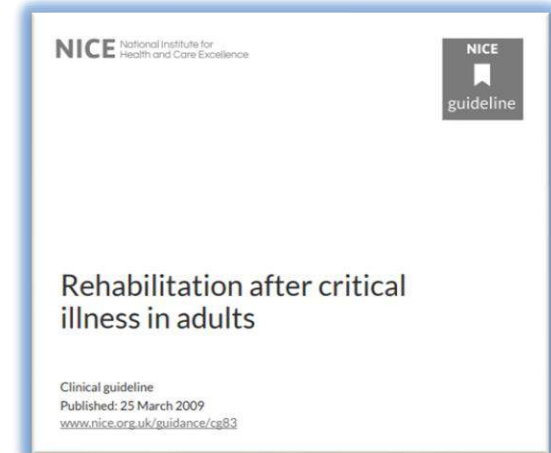
Being **Brilliant** is up to us, One + All

Inspiration

Research

- Reduce psychological distress in both patients and relatives
- Promote patient memory
- Help patients know the difference reality from hallucinations/delusions
- Relay the concern and love of their loved ones during their critical illness
- Communication for between nurses and patient

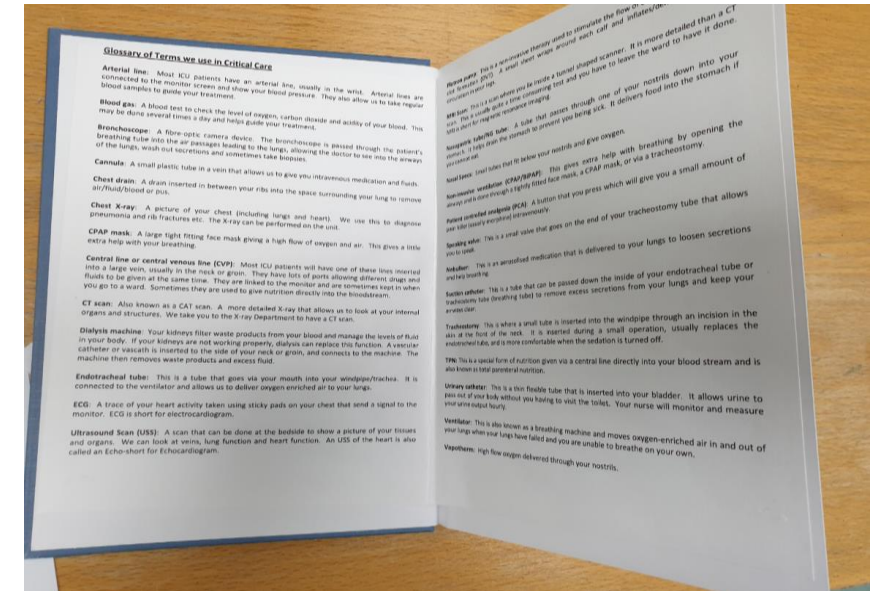
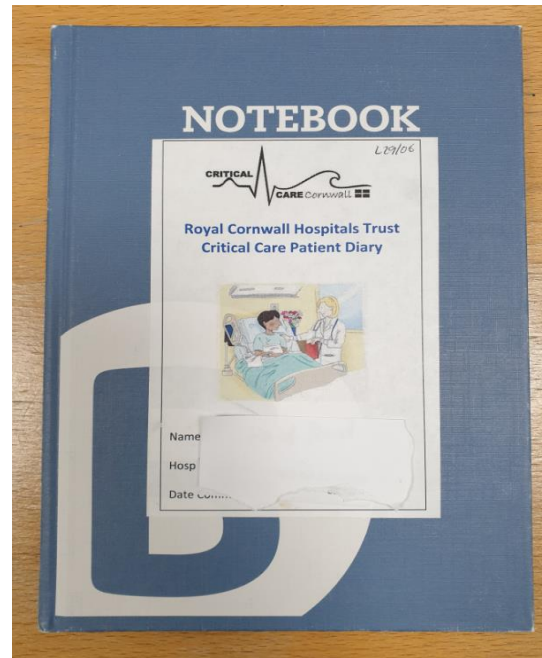
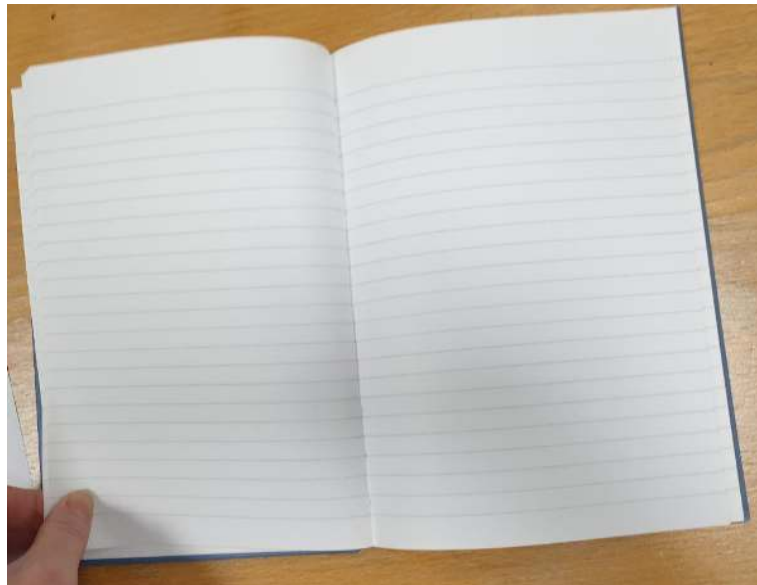
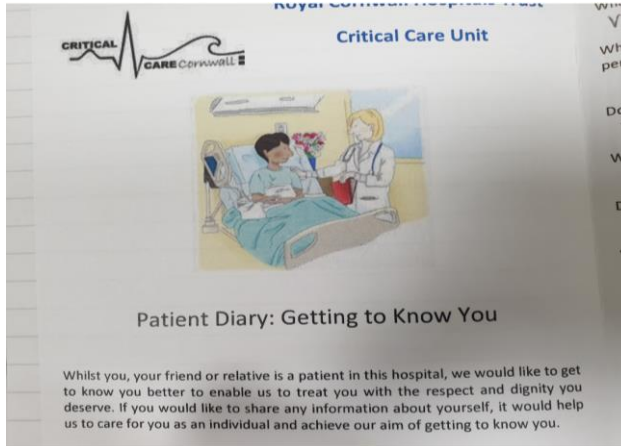
In line with NICE Guidance



Aspiring to provide Brilliant care to One + all

Implementation

The Initial Diary



Being **Brilliant** is up to us, One + All

Implementation

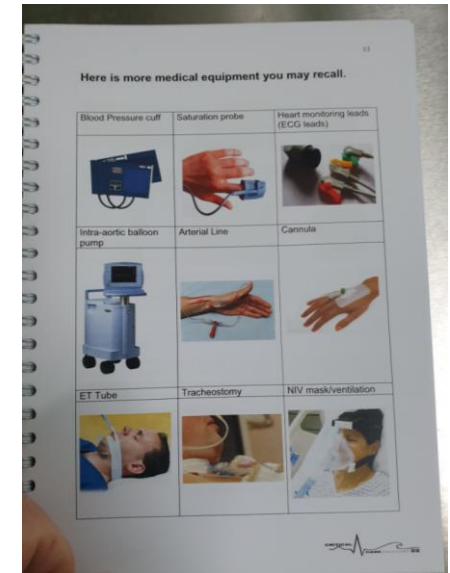
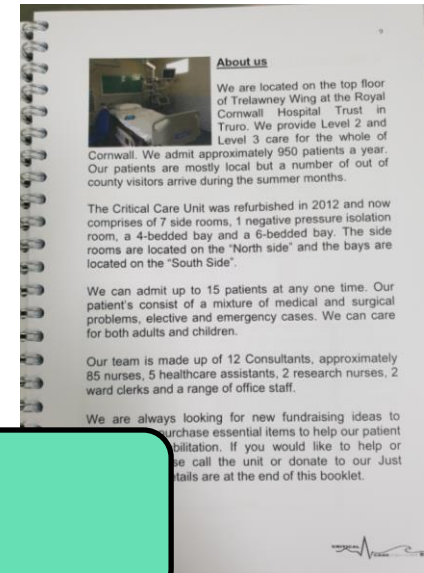
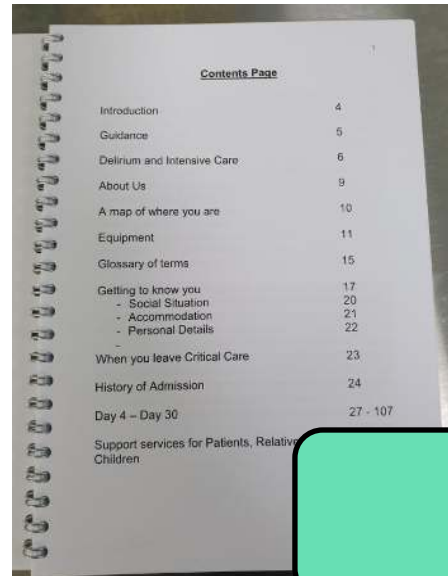
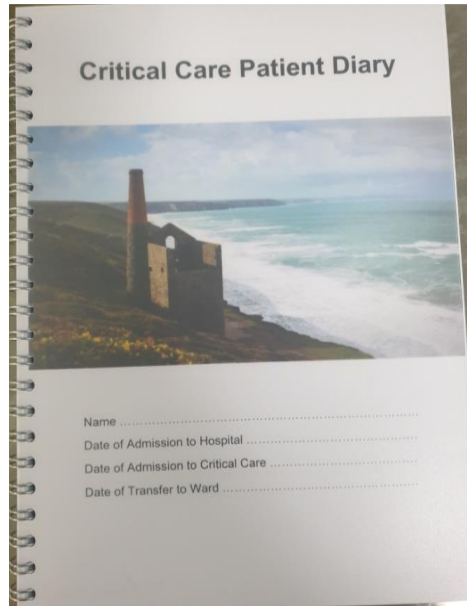
Fundraising

Katie (Staff Nurse) & Jonathan (ICU Cons) took part in RCHT Charity Dance Event 'Come Dance With Us' in aid of Critical Care patient recovery.

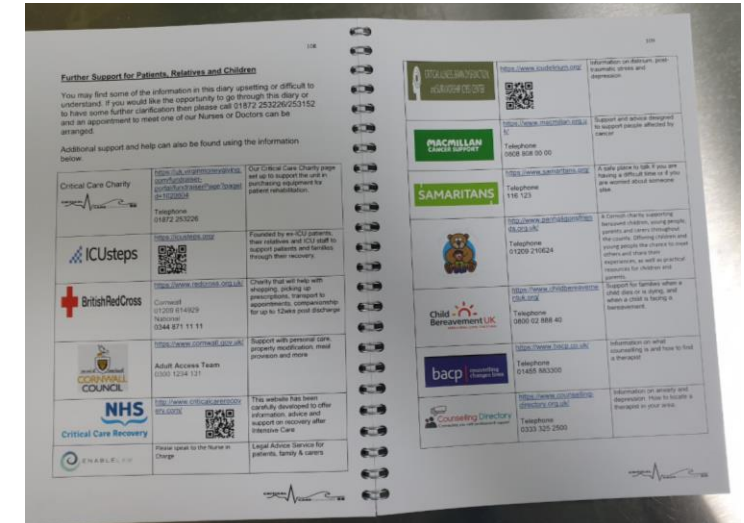
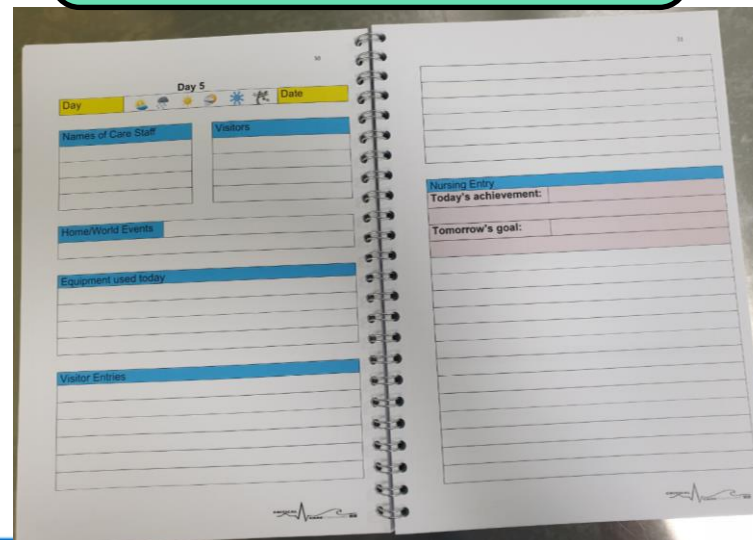
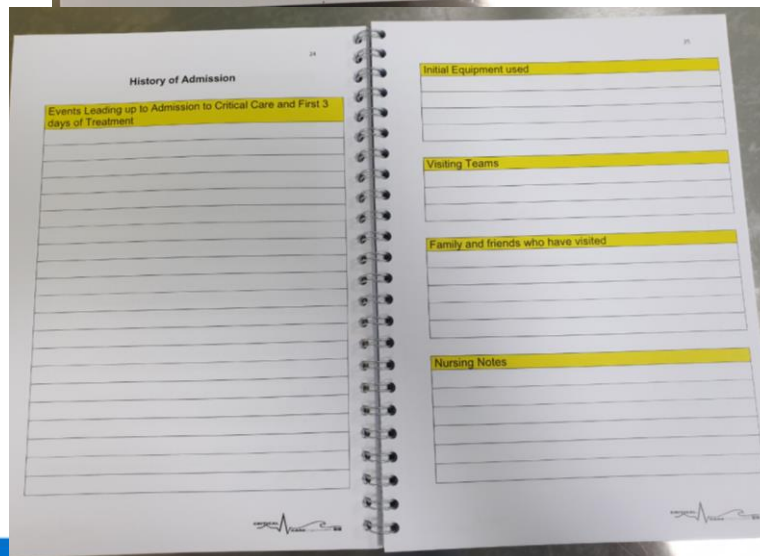
Raised over £7000 organised various fundraising events, engaging a large amount of the team on Critical Care.



Aspiring to provide Brilliant care to One + all



New Diary



Being **Brilliant** is up to us, One + All

In Action

Time to see us in action....
[Patient Diaries - Critical Care –](#)
[YouTube](#)
(click on link)



In Action

The notebook is open to a spiral-bound page. The left page features four Polaroid-style photographs with decorative borders. The top two photos show a patient in a hospital bed being attended to by staff. The bottom two photos show a patient's feet and a patient being attended to by staff. The right page is a patient care log with the following sections:

Day 2.10.20

Names of Care Staff
Laura Muir
Kym Ighis (Night)

Visitors
Daughter

Home/World Events Trump has COVID!

Equipment used today
Combiuser
trachi speaking alive

Visitor Entries

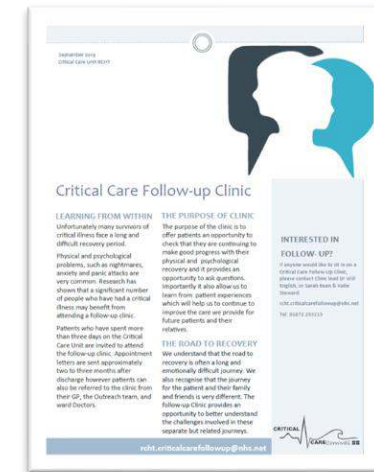
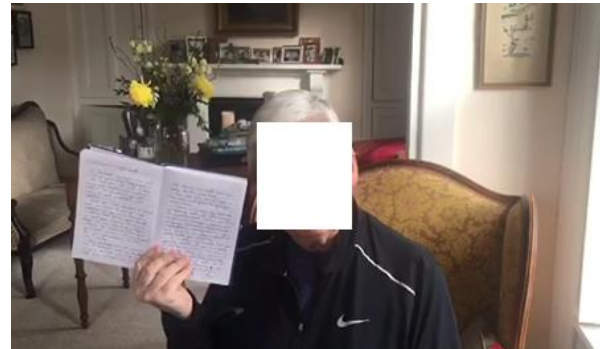
Following Up

'I absolutely loved the diary that the nurses wrote because it helped me to understand what was happening. The comments in the diary weren't impersonal and I was really grateful to read them.'

'I LOVED the diary. The diary and face timing was amazing. I cannot believe how much people cared for him – they loved him as much as we do.'

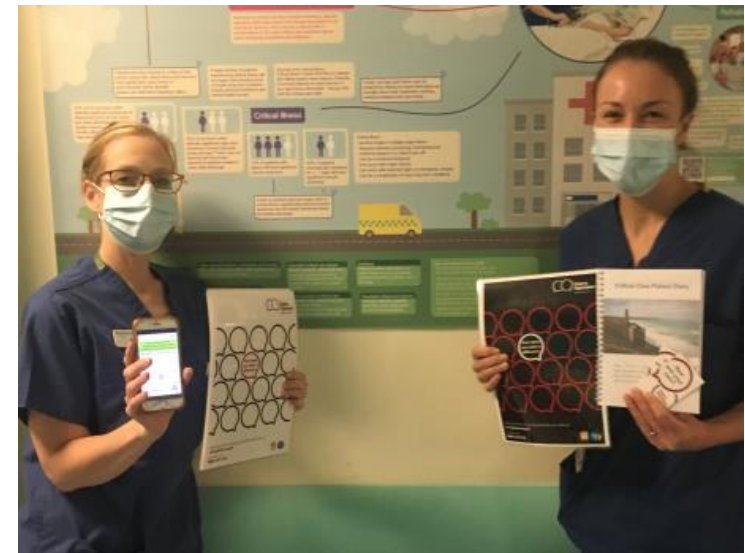
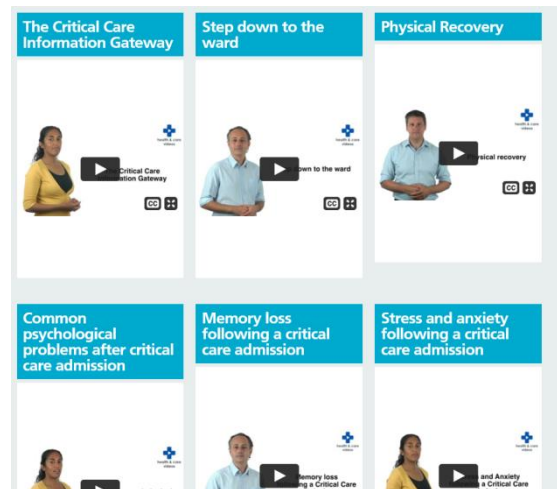
'Personally I felt not enough information was in this, I didn't want people to tell me all the time how well I was doing.'

'We felt that the critical care staff understood what we have been through. The diary is such a fantastic idea and we still read it now.'



What's Next?!

- Patient Gateway
- Care opinion
- Involving Families throughout COVID



Thank you for listening.

Any Questions?