

Recovery and Collaborative Care Planning Cafes

Category; Strengthening the
foundations

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CHIME Framework

The CHIME framework for personal recovery

Connectedness

Relating with other people in positive ways.

Hope

Belief that a better life is possible.

Identity

Regaining a positive sense of yourself as a whole person.

Meaning

Living a valued and purposeful life.

Empowerment

Focusing on your strengths and taking control of your life.



Our Vision

We value you as an individual and we will listen to you and treat you with care and respect.
Our vision is to work alongside you to support your hopes, personal goals and recovery.



Collaborative working



Pre – covid
cafes ran face
to face,
currently they
are held
virtually

Key successes

Co-produced
collaborative care
planning guidance

Masterclasses
between staff,
service users and
carers

Recovery
prompt sheet
to support
collaborative
conversations

CHIME course
5-week Recovery
College course

Engagement
approach
service
improvement work

Shifting
dynamics
common purpose

Feedback

It was lovely connecting with you all today at your Virtual Recovery Café... I would like to take the opportunity to feedback to say how nice and welcoming this Recovery Cafe was for newcomers to join (particularly for me as this was my first ever time) and I very much felt the warmth and welcoming you all gave, it was a very friendly and amicable cafe created!”

Very upbeat and uplifting session. Great contributions.

Great session everyone, and I keep smiling when I reflect on the singing 😊

From a personal perspective – and I say this as I have not been able to come along so much recently, that I thoroughly love the conversation between service users, patients, carers and staff. I think there is such a richness to the discussion and it truly grounds me back to why I do the job I do in putting patients and carers central to everything. I hope to be able to come along to more sessions in the future.

Feedback

I hope the cafes continue as it's been great to learn from patients sharing their recovery journey, and I've seen an increase in the number of conversations around collaborative care planning within my teams.

Great session; thanks a lot. It's so good to get going with the Recovery College again. I've come away with a feeling of hope and a smile.

Looking at this and our last session that took place on Friday where we had more service users and Carers than staff and even better the ending where a service user spoke with us and shared the Microsoft Team stage with us giving us live feedback that the 2 sessions she has attended so far has emboldened her to be involved. It filled my heart that our talk on Empowerment was so instrumental in her giving us some great feedback.



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