



Nottingham
Colorectal
Service

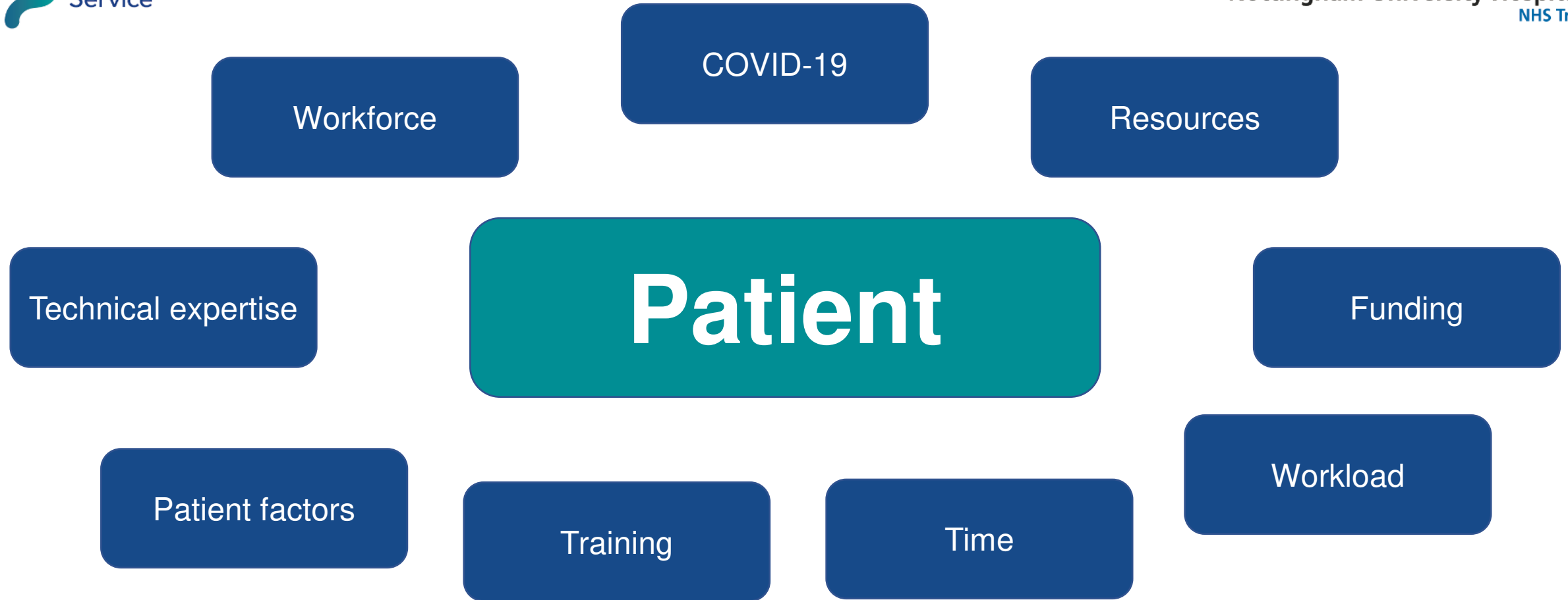


Nottingham University Hospitals
NHS Trust

Improving our colorectal cancer pathway patient experience.

Partnership Working to Improve the Experience



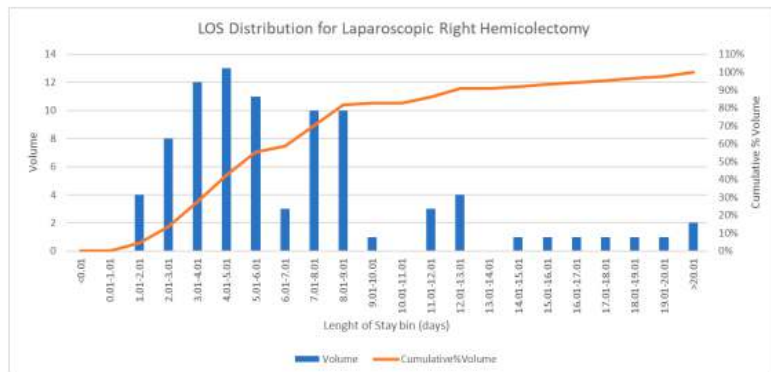


How can you create time?

CareAdvantage | **Johnson & Johnson**
ONCOLOGY

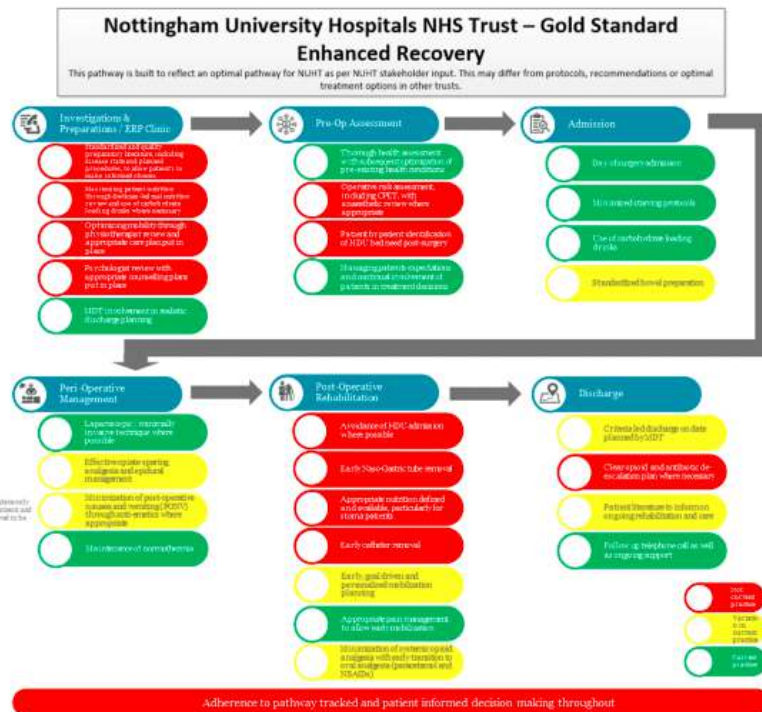
Nottingham University Hospitals NHS Trust Onsite Colorectal Diagnostic Report

October 2019



5.4 Current Adherence to Best Practice Enhanced Recovery Principles

6



- Pathway wide diagnostic report
- Identifying areas for improvement
- Administrative support
- Connecting silo'd clinical groups
- Accountability



Johnson & Johnson



 **turbine**creative



Nottingham University Hospitals Colorectal Surgery Patient Pathway Booklet

Patient name
DOB

My diagnosis is.....

Stage: 1 2 3 4.
TNM

MDT [01/08/2020]: Decision

Functional Status/ECOG:

My Consultant is:

My Contact Key worker is:

Contact details.

Who am I?

Occupation: Retired []

I live in a: house / bungalow / flat / residential home / care home

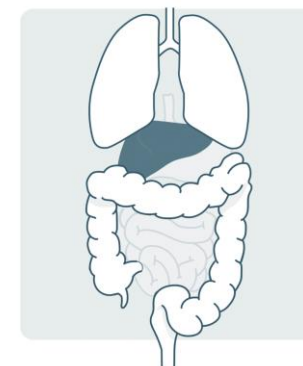
I live: alone / with my...



Patient Booklet

My Diagnosis

My diagnosis is:
Location of my cancer:
My provisional staging is:



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Lifestyle Overview

Your accommodation:



Watch all our videos



Scan the QR code on the right to visit the **Nottingham Colorectal Service** YouTube channel.

YouTube



Our YouTube channel is the best way to view all our informative videos and subscribe to our channel to get further content as it is released. Feel free to share these videos with friends and family to help explain the various stages of your patient journey.

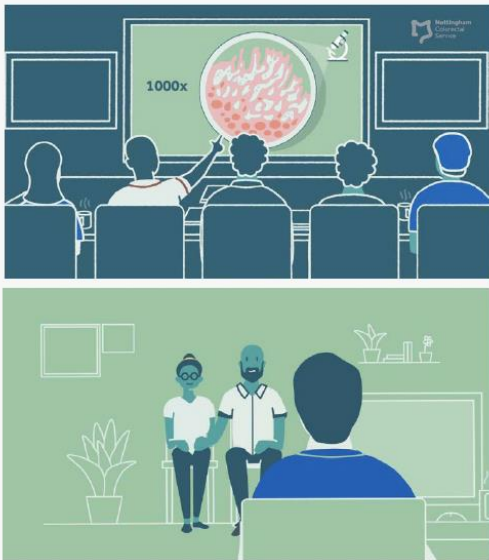


Content agreed +
initial storyboard

Illustrations
created

Animations
produced

Script Voice Over	(Visuals on screen)	Visual Reference Point
<p>14 This result is discussed in the post-operative cancer meeting with all of our experts present just as your case was discussed before your surgery.</p>	<p>Microscope image pulls out to reveal the MDT</p> <p>MDT meeting as per previous animation.</p> <p>I can supply the screen for this one</p>	
<p>15 You will be told your post-operative histology result approximately 2 weeks following surgery in our Clinical Nurse Specialist clinic. This is an important appointment to determine whether you will require any further treatment.</p>	<p>Old man and wife now back in the clinic with the CNS talking about his results. I can supply the screen for this one</p>	



Colorectal MDT and Treatment



Your Time on the Ward (Continued)

Day Three

Sit out in between and for meals ☒ DISCHARGED AT 4:30 PM

Walk

1) 50 2) 50 3) 50 4) 50 Furthest Distance 50 metres

Incentive spirometry

AM ☐ PM ☐ EVE 500 Daily Max Score 500 mls

Day Four

Sit out in between and for meals ☒ AT HOME

Walk

1) 200 2) 200 3) 200 4) 200 Furthest Distance 200 metres

Incentive spirometry

AM ☐ PM ☐ EVE 1000 Daily Max Score 1000 mls

Day Five

Sit out in between and for meals ☒ AT HOME

Walk

1) 400 2) 400 3) 400 4) 400 Furthest Distance 400 metres

Incentive spirometry

AM ☐ PM ☐ EVE 1750 Daily Max Score 1750 mls

Your Time AT HOME

DAY SIX - Post OP (DAY 6)

WALK

1) 600 metres
2) 600 metres
3) 600 metres
4) 600 metres
SPIROMETRY Max - 2000
EVENTS - PAINKILLERS (x3)

BREAKFAST - YOGURT + PEACHES
LUNCH - CHICKEN ON TART + PEACHES / CUSCUS
TEA - MINCE / MASH + CARROTS
STOCKINGS WORN ☒ 1/2
BLOOD THINNING INJ ☒ 1/2
PAIN KILLER TABLETS ☒ 1/2
1 x 250 PAINKILLER

DAY SEVEN - Post OP (DAY 7)

WALK

1)
2)
3)
4)

BREAKFAST -
LUNCH -
TEA -
STOCKINGS WORN - ☐ 1/2
BLOOD THINNING INJ - ☐ 1/2
PAIN KILLER TABLETS - ☐ 1/2
SPIROMETRY MAX
EVENTS

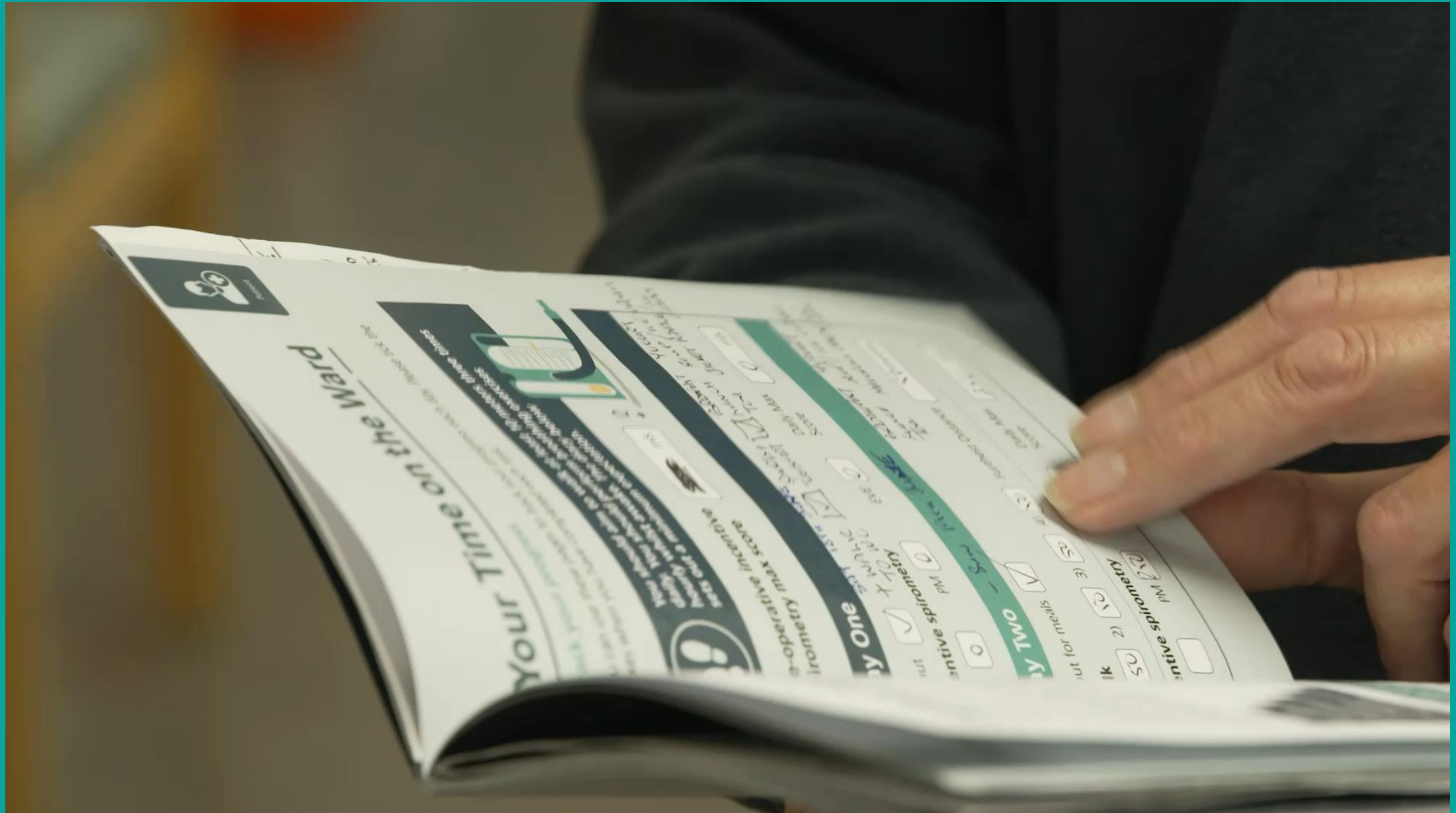
DAY EIGHT - Post OP (DAY 8)

WALK

1)
2)
3)
4)

BREAKFAST -
LUNCH -
TEA -
STOCKINGS WORN - ☐ 1/2
BLOOD THINNING INJ - ☐ 1/2
PAIN KILLER TABLETS - ☐ 1/2
SPIROMETRY MAX
EVENTS

Patient, Family and Staff engagement





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Thanks for listening!