

**Emily Ka Hei Lui**  
Clinics Admiral Nurse



**DementiaUK**  
Helping families face dementia

# **Chinese Welfare Trust Admiral Nurse Clinic**

First Cantonese and  
Mandarin speaking  
Admiral Nurse Service

[www.dementiauk.org](http://www.dementiauk.org)  
[info@dementiauk.org](mailto:info@dementiauk.org)  
@DementiaUK  
Registered Charity Number  
1039404

04/10/2023

# The difference we're making

## Chinese Welfare Trust Admiral Nurse Clinic

- Launched on 26<sup>th</sup> Sept 2022, Pilot project for two years
- First *Cantonese and Mandarin* speaking Admiral Nurse Service
- Serving families of *Chinese and southeast Asian* cohort
- Covers 5 London Boroughs, based in GP surgery and community centres
- *Self-referral* service
- 45 mins one-off clinic appointment (face to face / phone / video call)



華福信託基金

CHINESE WELFARE TRUST



# Breaking down barriers in the Chinese and southeast Asian communities

- Stigma
- Shame and blame culture
- Low health awareness
- Death, end of life care – taboo

## »» Added complexity

### Translation of “Dementia” among some communities

老人痴呆 / 痴呆症 (Old, Stupid/Dull)



失智症 (Loss of mental capacity, intelligence)



認知障礙症 (Neurocognitive disease)

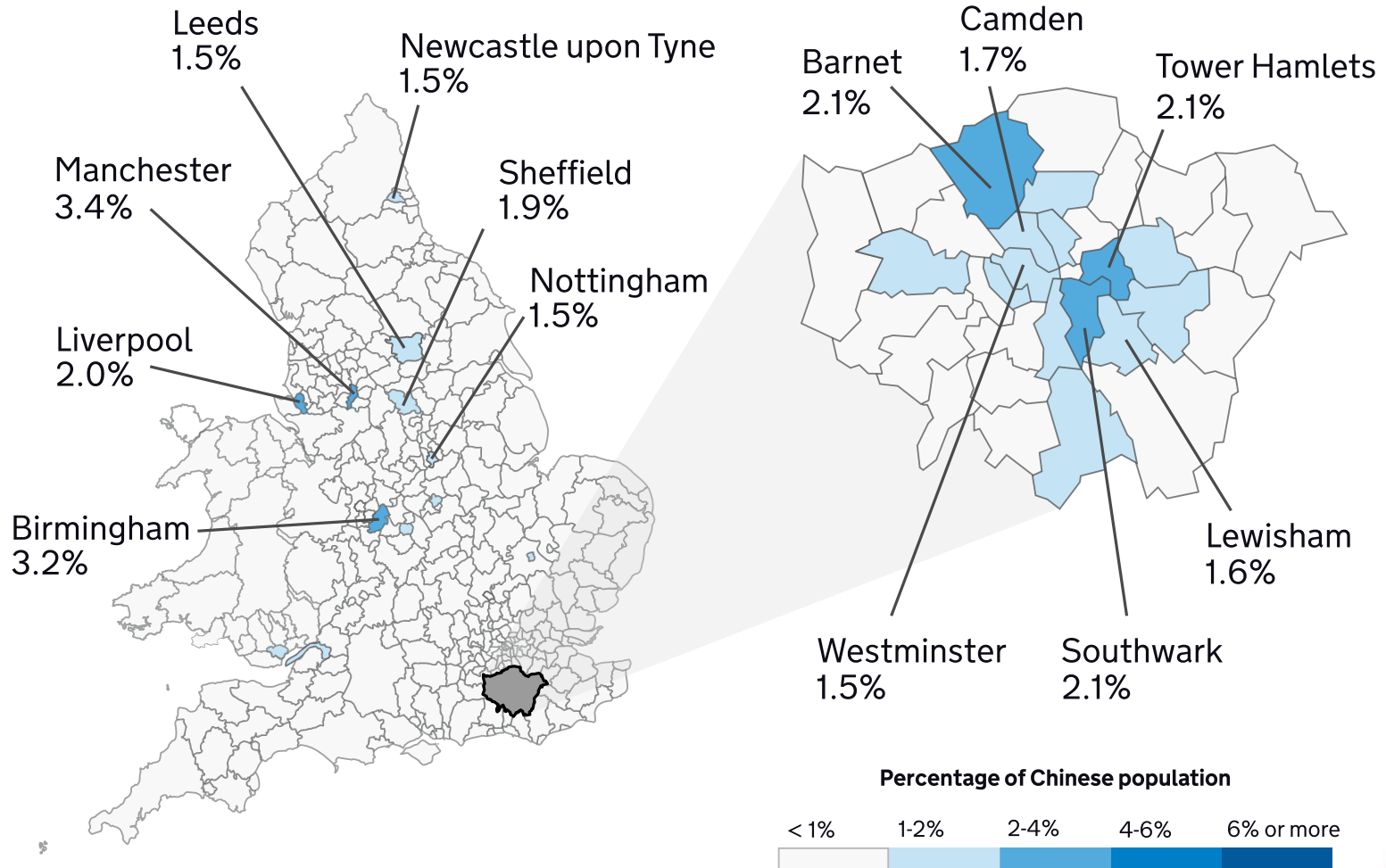
腦退化症 (Brain degeneration)



mất trí / lẫn (Insanity/confusion)

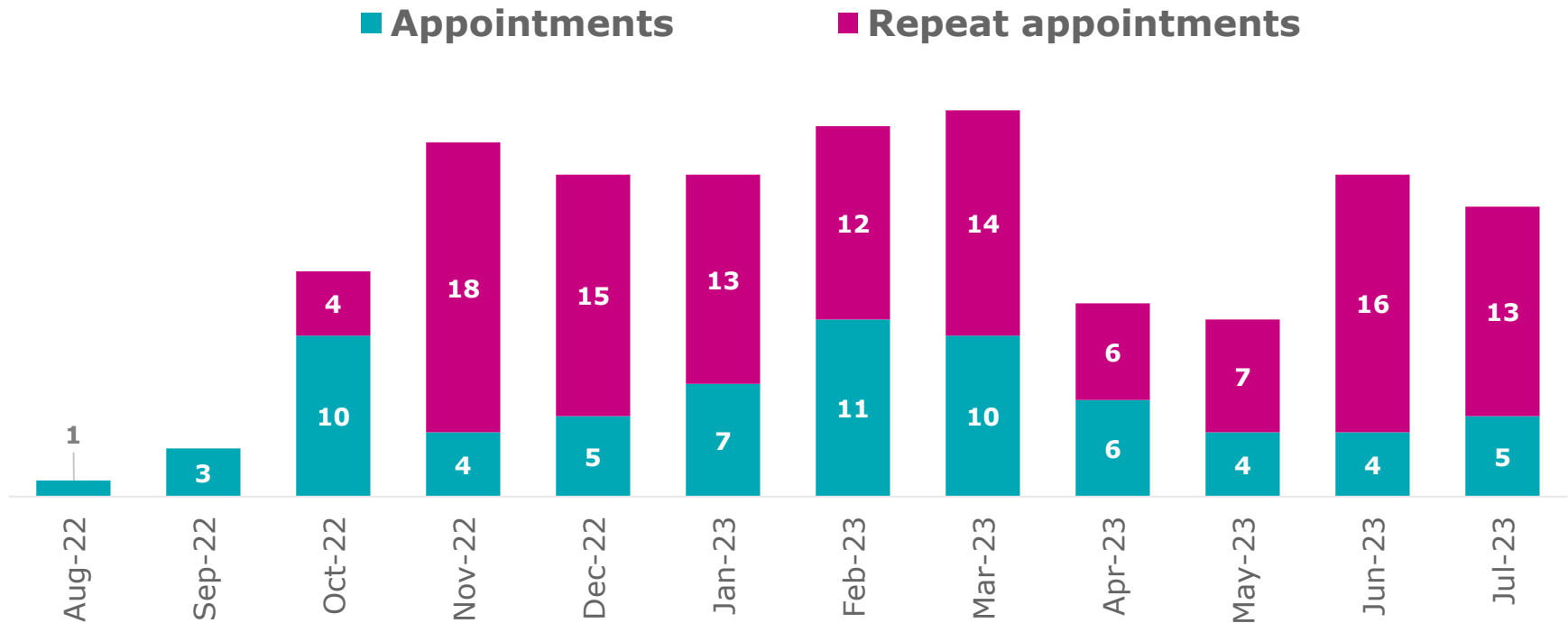


# The direct and indirect support to families across the country



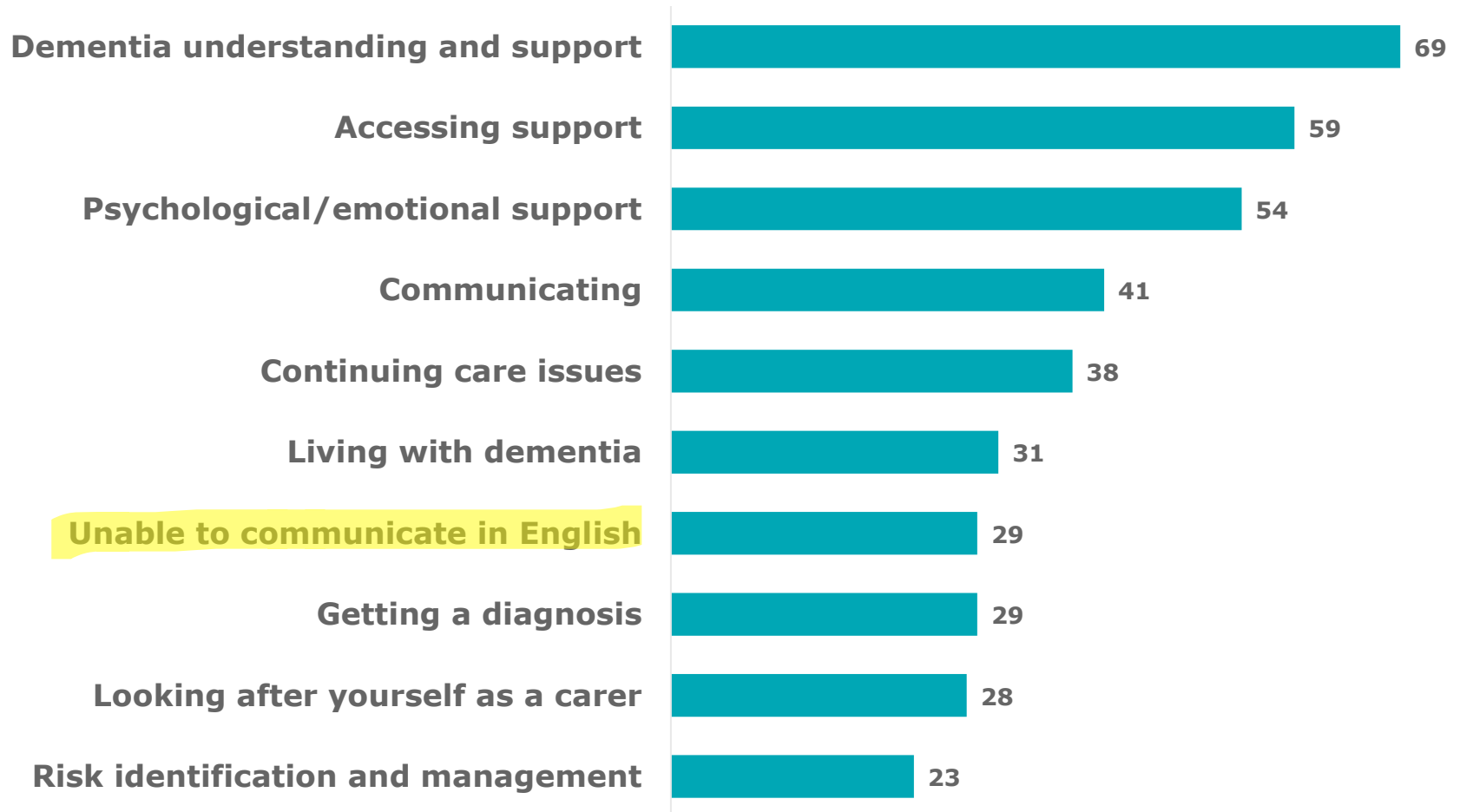
Source: Census of England and Wales, 2011

# Appointment requests by month (n = 188)



\* Clinic launched at 26<sup>th</sup> Sept 2022

# Top 10 Appointment Reasons



# Carers that struggle to communicate in English

*Not identifying themselves as carer*

*Caring role not appreciated / recognised*

## **Additional Challenges**

*Struggling to obtain information and advice*

*Uncomfortable about seeking help*

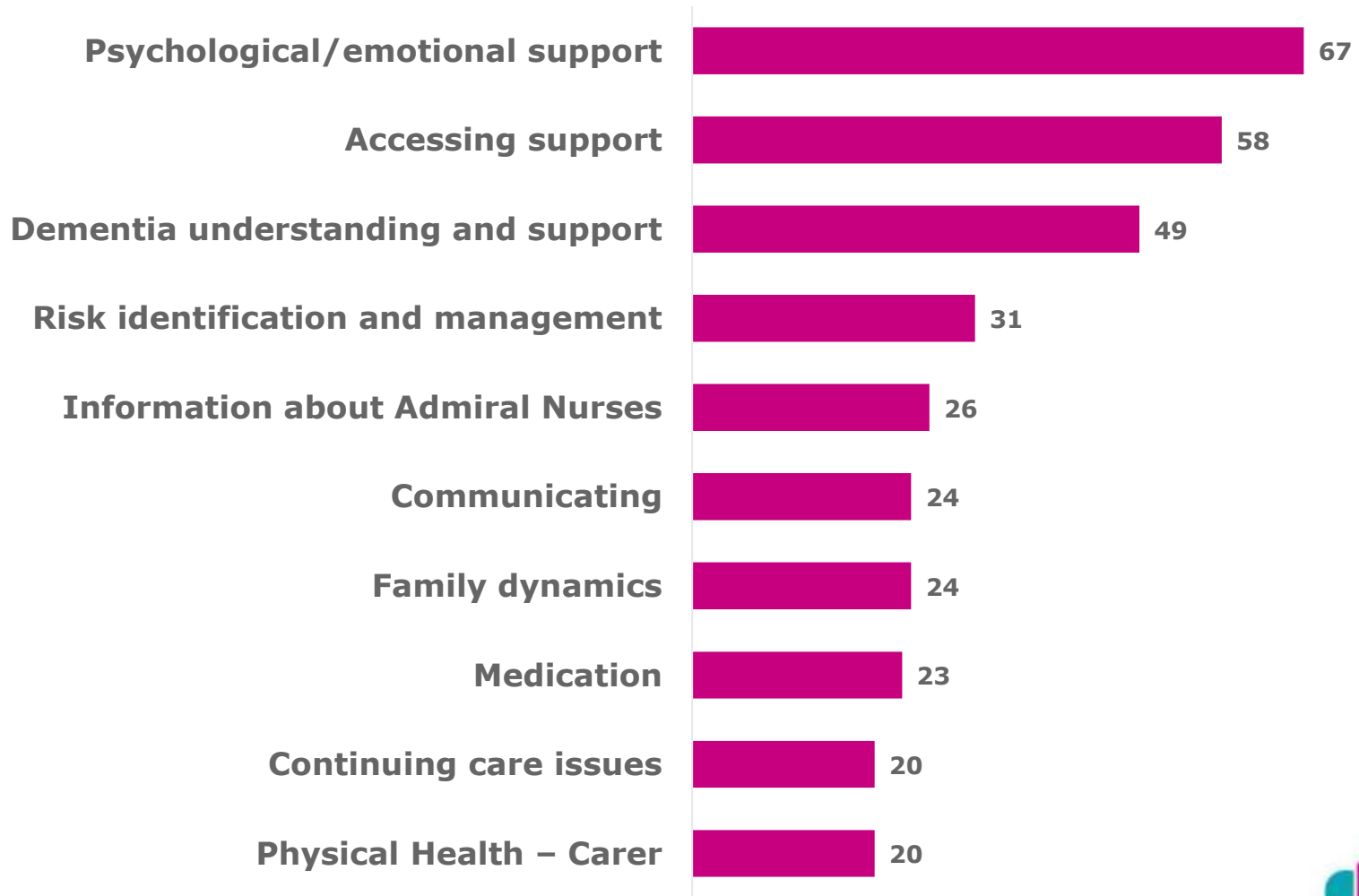


# 花果飄零

Flowers, Fruits, Drifting



# Top 10 Interventions – our well wrapped support



# Carers quotes

*"Personally, I really appreciate there is such a service for dementia carer in Cantonese, it's amazing. The Admiral Nurse who organises this clinic is very informative, caring and empathetic."*

*"The Admiral Nurse who understands my background and culture can give me suitable advice accordingly, it isn't just the language issue"*

# Proactive Approach

## Dementia Awareness sessions



**Brent Chinese Association – Health and Wellbeing Event**

## Chinese Welfare Trust – Carer Week Discussion Event



**Education Session for Camden Chinese home care agency – managers and paid carers**



**Carer Support Group**

# Proactive Approach

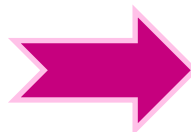
## London Chinese Community Centre



The poster features a green background with illustrations of two elderly people looking thoughtful and a brain composed of puzzle pieces. Logos for the Chinese Welfare Trust, Dementia UK, and the London Chinese Community Centre are at the top.

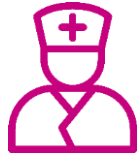
**Dementia Talk**  
認識腦退化症講座

Speaker 講員: Emily, DSANC, CWTAN Clinic 腦退化症專科護士診所呂姑娘  
Date 日期: 07.03.2023 (Tuesday 星期二)  
Time 時間: 10:30 - 11:30 (Cantonese 廣東話)  
11:30 - 12:30 (Mandarin 普通話)  
Fee 費用: free 免費 (members 會員) / £1 (non-members 非會員)  
Venue 地點: CCC 華人社區中心  
Email [info@ccc.org.uk](mailto:info@ccc.org.uk) or call 02074393822 for more information.  
查詢請電郵至 [info@ccc.org.uk](mailto:info@ccc.org.uk) 或致電 02074393822。



The photograph shows a group of people seated in a room, facing a screen at the front. The room has a red border around the image. Logos for the Chinese Welfare Trust, Dementia UK, and CZSA UK are at the top.

**Preventing Dementia Workshop**  
預防腦退化症工作坊  
日期: 31.05.2023 (星期三)



**There is no cure for dementia - yet.  
But there is care. And care can change lives.**



Source: Tom Kitwood's Flower of Psychological Needs – Person centred care – Care UK



# 靈根自植

Spiritual Root, Self-planting