

Three overlapping, wavy, horizontal bands in shades of green, light blue, and dark blue, creating a sense of movement and depth.

Warrington Neonatal unit's FiCare journey

Communicating effectively_Warrington and Halton teaching hospitals NHS FT_the implementation of family integrated care(FiCARE) model within the neonatal unit

FiCare, what is it?

Family Integrated Care (FiCare) is a model of neonatal care which promotes a culture of partnership between families and staff. The FiCare model enables and empowers parents to become confident, knowledgeable and independent primary caregivers.

We worked closely with the north west neonatal operational delivery network to meet their accreditation criteria.

In July 2023 were assessed successfully accredited as **green**.



FiCare



Launch day 1st July 2019



The beginning....

- Started 2019 – launch day 1st July
- Core team
- Peer support
- 3 staff attended Bliss Fine training
- 7 staff attended network FiCare study days
- 1 staff presented Warrington's story at two of the network study days
- In house study day organised for all staff medical and nursing team, this included a member of staff from the Cheshire and Mersey perinatal mental health team, workshops for crib sheet use, network educator to present about the brain.



Parent resources

- Tell us tags
- All about me tree
- Passport
- Cribs sheets
- The 'Train to Home'
- Timetable
- Padlet



All about me tree



Beth Cameron

Loved our one specially the family members part xxx



4w Like Reply



Stephanie Marie Wilson

Well done 🙌 wonderful idea xx

4w Like Reply



Timetable

- Teaching Timetable
- Allocated member of staff each shift to facilitate teaching sessions from the timetable



Teaching in action!



Tell us tags

Allows for communication between Staff and families.

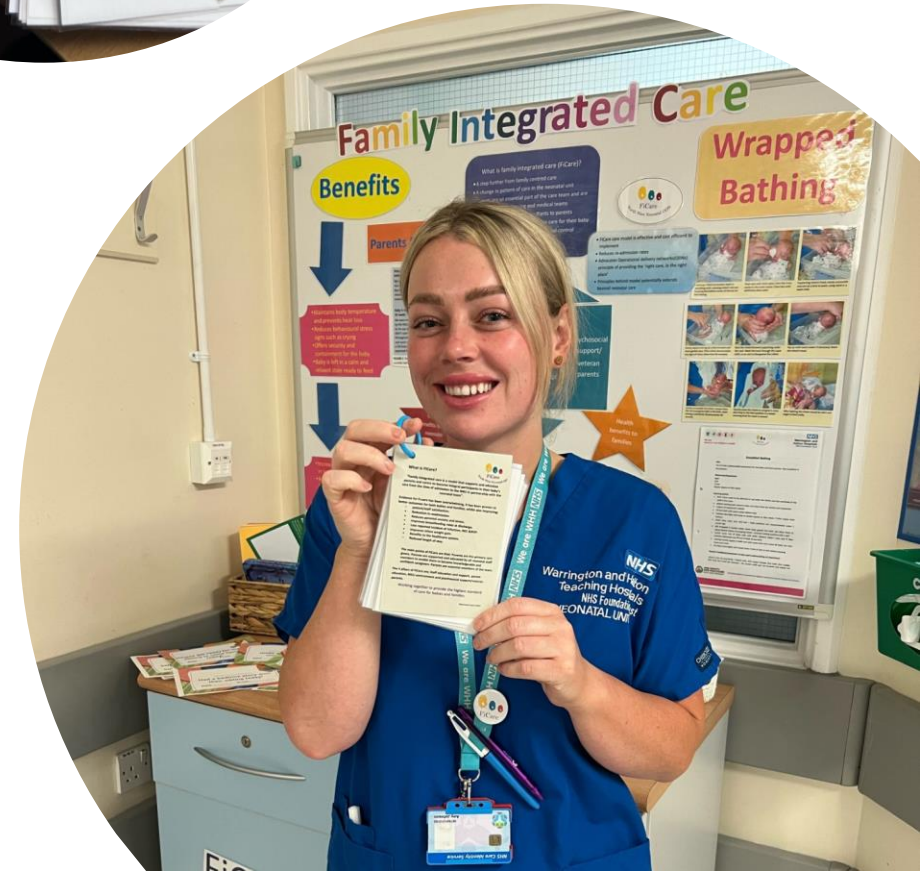
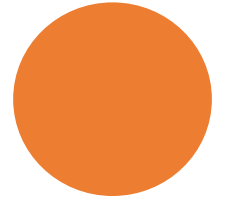
Families can leave messages and staff

Can see what teaching they have had.



Crib sheets for teaching

- Cribs sheet files
- Mini cotside crib sheets made by Amy make teaching accessible for everyone



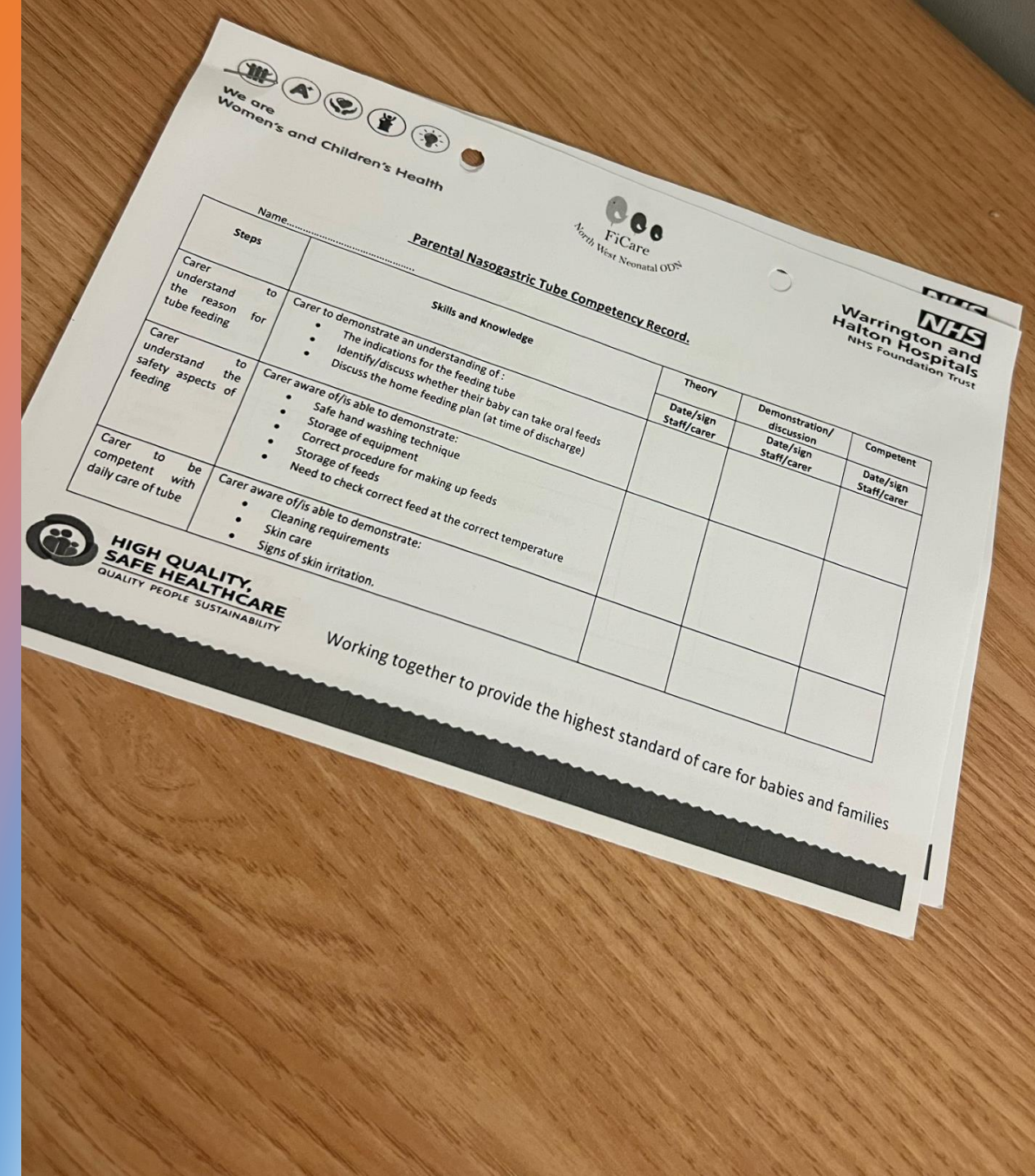
Passports & Kangaroo care records

- Passports started on admission
- Kangaroo care record to promote skin to skin



Tube feeding competencies

- Parent record of teaching and competency
- Theory
- Demonstration
- Competency



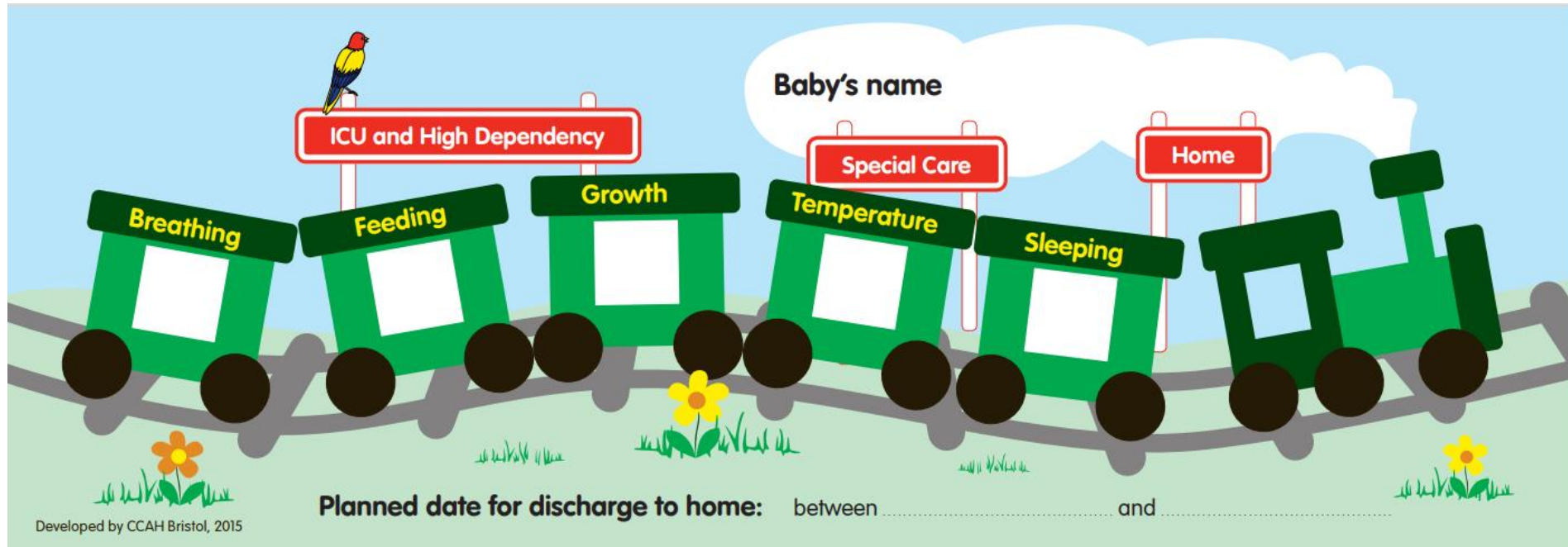
Gestation cards

- Our nurse Emma made gestation cards
- Parents know what to expect as their baby's gestation changes week by week



The train to home

For consistency in discharge dates



Padlet

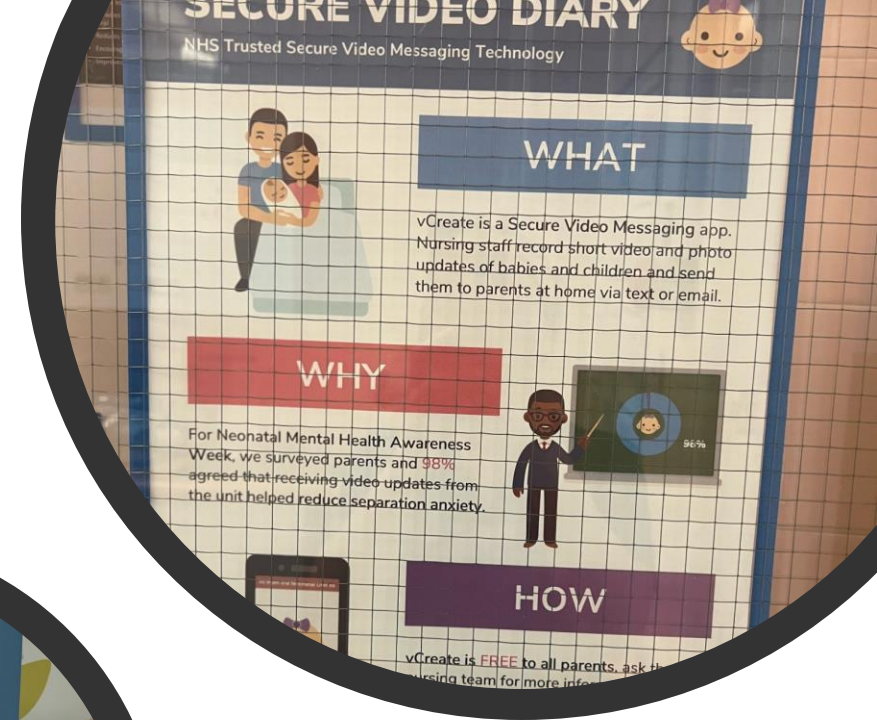
The Padlet is a virtual platform where we share information with our families, from teaching aids to feeding guidance

[Warrington & Halton Teaching Hospitals: Neonatal Unit](https://www.padlet.com)
 [\(padlet.com\)](https://www.padlet.com)



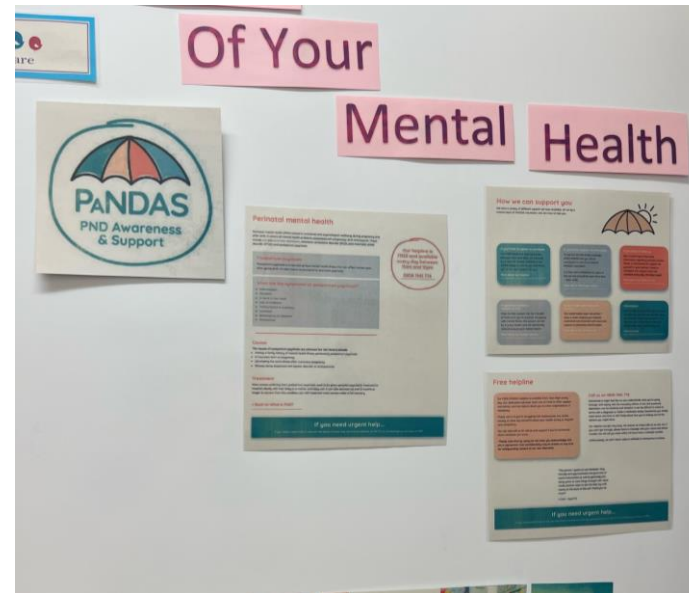
V create

- Introduced in March 2023
- Allowing us to send photos/videos to parents



Peer support

- Wire Warriors & Dad matters attend the unit weekly
- Koala are also offering support for our peer supporters



SAM scheme

- Self administration of medicines (abidec, folic acid, sytron and carobel)
- This scheme gives parents the tools to be confident when administering medication to their baby.

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Consent for Self-Administration of Medicines

I have read the information on "Self-Administration of Medicines"

I understand that I will have complete responsibility for the medication and must inform a member of nursing staff if anyone (patient or visitor) takes or tries to take any of the medicines.

I understand I may withdraw from the self-administration scheme at any time if I wish.

I understand that the decision may be taken to withdraw me from the self-administration scheme if thought necessary by nursing, medical or pharmacy staff. I will receive an explanation for this.

I wish to take part in this patient self-administration scheme.

Patient's or Carer's Signature: _____

Patient's or Carer's Name: _____

Witness: _____

Date: _____

Do not retain a paper version of this document, always view policy / guidance documents from the desktop icon on your computer. 113

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Assessment of Patient's or Carer's Ability to self-administer medicines

Name: DOB:

1. Has the Patient or Carer read and understood the information leaflet explaining self-administration?	YES/NO
2. Does the Patient or Carer self-administer at home?	YES/NO
3. Is the Patient or Carer confused or forgetful?	YES/NO
4. To your knowledge, does the patient have a recent history of drug/alcohol abuse /self harm? If yes, then they are not suitable to go on the scheme unless the carer is administering the medicines.	YES/NO
5. Can the Patient or Carer open the bottle/foil packets and read the labels.	YES/NO
6. Does the Patient or Carer know what the medicines are for, how and when to take or administer the medicines?	YES/NO
7. Will the Patient or Carer require a compliance chart?	YES/NO

Based on the patient's or carer's knowledge of the drug treatments and their other assessment criteria, what level of supervision do you recommend?

Level 1 – 2 applies to patients ONLY who:

- Are being stabilised on drug therapy.
- Do not fully understand how and when to take their medicines.
- Patients that require adherence aids e.g. venalinks and dosette boxes.

The majority of these patients will self-administrate when they go home, so it is desirable that they all move up to level 3 before discharge.

Level 3 applies to patients or carers who:

- Have been on an established medicine regime prior to admission. These patients or carers are anticipated to grasp information about the medication and are unlikely to make errors in administration.

Level 1-3	Patient / Carer Assessed By	Date

If level 3 is selected complete a consent form.

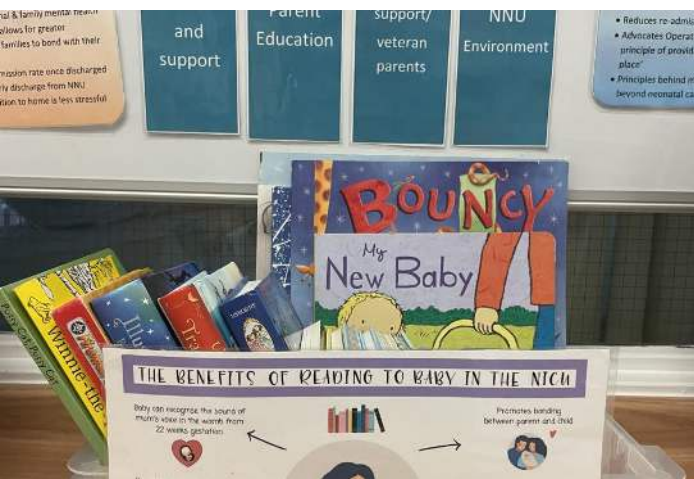
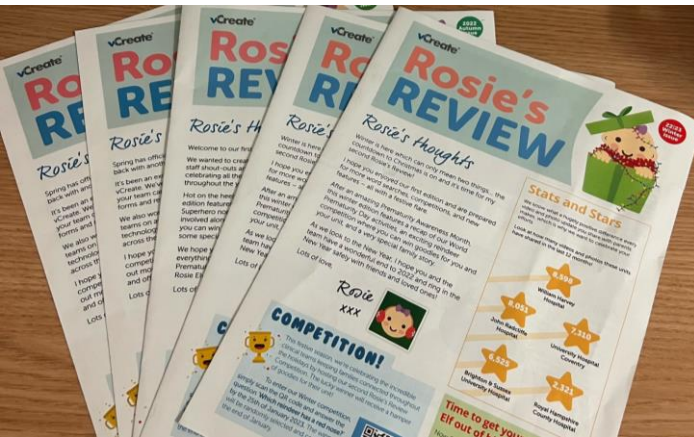
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Siblings

- Siblings continue to be welcomed onto our unit

- We regularly give out certificates to those who are involved in FiCare and they love them!



Free car parking

Having a baby on a neonatal unit in itself is stressful, one stress we could take away for our families was having to pay for parking.

All our families get free parking

Neonatal
Car Parking Payment Exemption Form

Date	Click here to enter a date.
Name (s) of Patient/Visitor	
Vehicle Registration Number	
Make of Vehicle	
Vehicle Model	
Reason for Exemption	Neonatal Parents
Active Date From	Click or tap to enter a date.
Active Date To	
Staff member Authorising	
Department	NEONATAL
Signature	

*Please note all forms will need to be submitted by the end of the working day to WHH.Carparking@nhs.net

Office Use only: Date Processed:	
Name:	
Signature:	



“....FiCare on the unit gave me and Theos Dad the chance to feel like we still had a big input in his cares, needs and bonding experiences.”

We were shown how to tube feed, take temperatures, get Theo in and out of incubator, draw up medications and a lot of the day to day needs. This made us a lot more confident in being new parents with a baby in the neonatal unit and would advise parents to get as involved as possible.”





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Thank you for listening.

Any questions?