



Living with Lived Experience films

Spectrum People
on behalf of West Yorkshire

Category Engaging and Championing the Public

APPLETREE COMMUNITY GARDEN

Green space &
horticultural
activity

SUPPORTING POSITIVE
MENTAL WELLBEING
& RECOVERY



Online Launch of Films for people with lived experiences



Six ten minute films have been produced where people share their journeys and experiences of receiving both good and not so good support around their mental health needs.

These films were produced through a collaboration of West Yorkshire Health & Care Partnership, Forum Central, University of Leeds and different UCSE organisations from across West Yorkshire.



PIONEER
PROJECTS

West Yorkshire
Health and Care Partnership



Over 100 voices...

30 hours of footage

7 films

Centered on
their voices



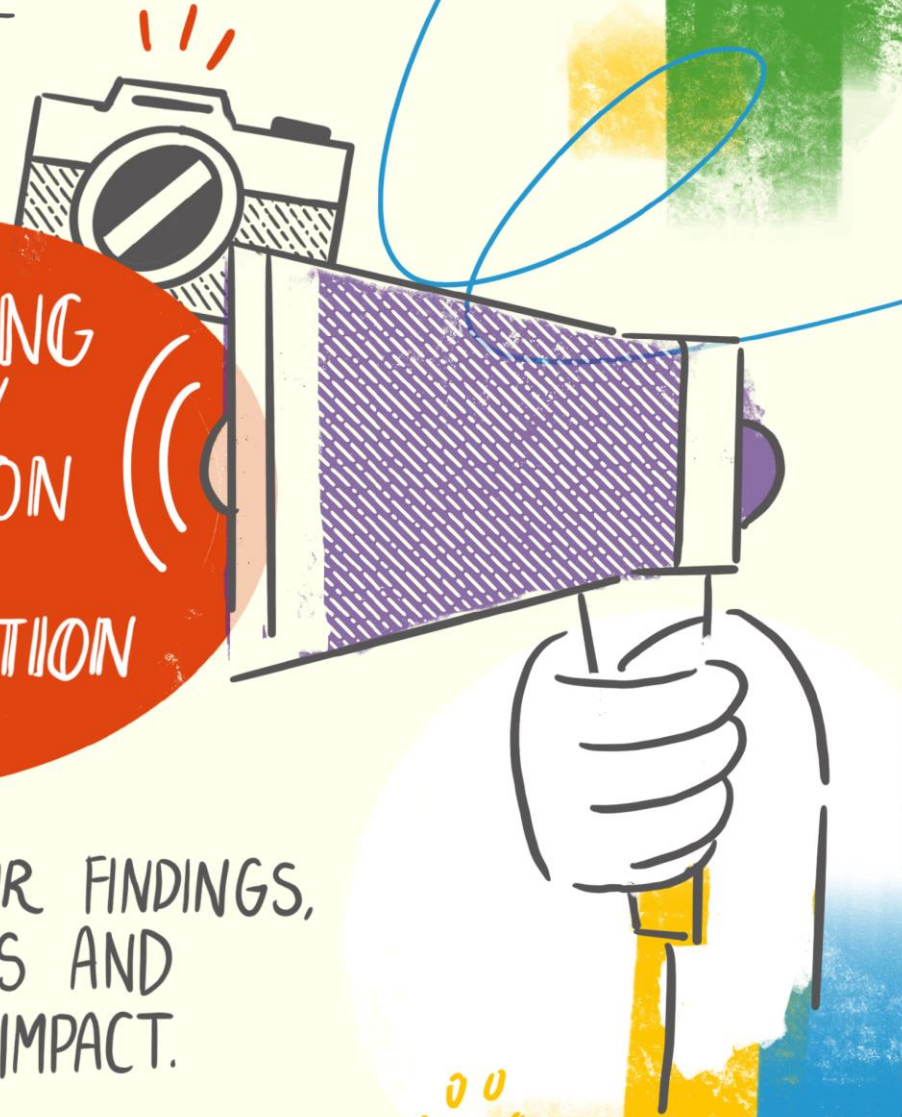
SAMARITANS



SUPPORTING POSITIVE
MENTAL WELLBEING
& RECOVERY



INFLUENCING
POLICY
DISCUSSION
&
IMPLEMENTATION



WE MUST SHARE OUR FINDINGS,
SOLVE CHALLENGES AND
CREATE POSITIVE IMPACT.

