

Measuring, reporting & acting

A Needs Led Community Rehabilitation Service – Working as part of a Whole System

Cheshire and Wirral Partnership NHS
Foundation Trust



DRIVERS FOR CHANGE

National Agenda

- NICE guidelines
- CQC
- NHS Long term plan & CMH transformation

Regional push

Acute wards
14% patients
55% OBDs

Long-stay patients /
psychosis dominated
acute utilisation



Increasing number of
patients going /
staying OOA

No clear community
offer for complex pts

Gaps in supported
housing

Gaps in whole system
rehab offer

CHALLENGES

Significant overspend

No appetite to commission new services

STRONG anti – specialist sentiment

Putting learning into practice

Self Funding
model

An intensive community offer for
individuals with high complexity

Focus on
complexity
opposed to
diagnosis

End out-of-area
placements and
minimise need for
inpatient care

Cross system
collaboration

Outcome focussed,
intervention driven
support aligned to
CMHT transformation

Work together to
(further) develop a
housing strategy



Build 'HOPE & OPTIMISM
' that it is possible to regain a meaningful life, despite persistent symptoms

CONNECTEDNESS
*Relationships
 Community integration
 Focus on networks*

IDENTITY
Creating positive sense of self identity

Our Ethos

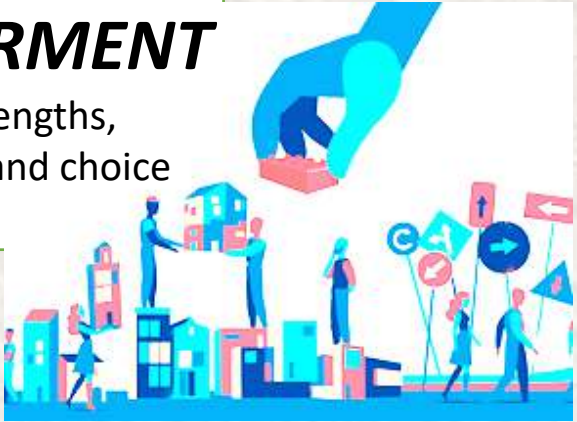


“MhIST provides an intensive rehabilitation and recovery service, delivering bespoke packages of care to individuals in their own homes. At the point where the individuals require less / no wrap around support the team reduces / withdraws interventions”.

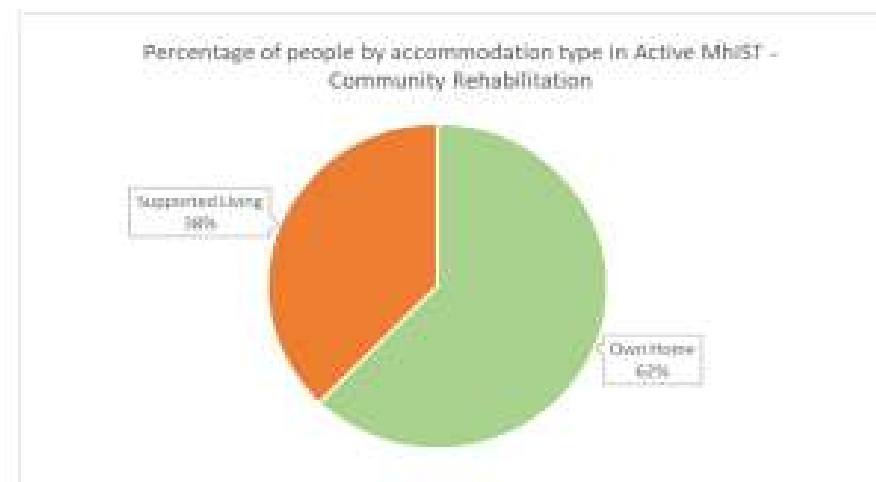
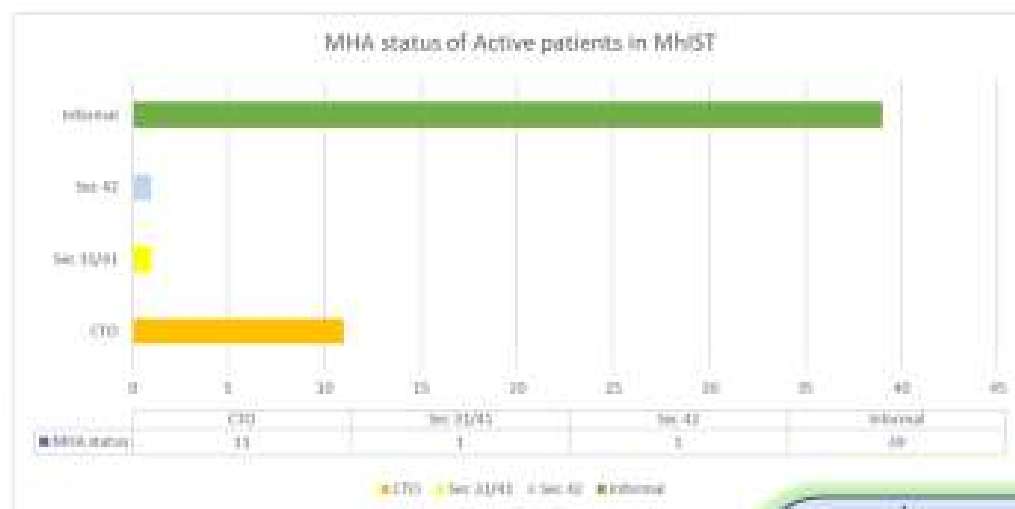


MEANING
 Meaningful life and social roles
 Focus on employment, voluntary work and education social goals

EMPOWERMENT
 Focus on strengths, independence and choice



During the Course of MhIST Input



DIALOG scores



HONOS scores



People engaged
in Voluntary
work, training
&/or
employment

35%

Projected Annual
Values (May 2022)

£1,148,680

37 of the 50+ people we
have worked with
have never returned to
hospital

What really matters...

At some point, I would have been seen as incurable but I feel you broke those boundaries & showed me the colour in a devastatingly sad painting, I could see the importance in every stroke of the paintbrush...I look forward to "normal" struggles.... (Service User)

As I write XX is upstairs engaged in her course. I can hear her chatting away to her tutors and fellow students. I still have to pinch myself that she is not only at home but also doing all these wonderful things!" (Family member)

The team demonstrates exceptional ability to improve the quality of care for all not the few, it has equality & equity of care at the heart of what it does. The feedback from people they serve, carers & staff has been amazing. (Medical Director)

The mhist team really helped my transition from hospital to home to uni in London. This was helped by the kindness and support of XX. They were there for me always. I will never forget the shared belief in me and support when I achieved my goals. I would never and have never expected to be happier and more me. XX also showed me the utmost in human kindness with never a judgment. I will value these professional relationships for the rest of my life. I would like to take the time to thank everyone on my journey to inner peace for the help I have received.

Working with the wider system...

Supporting complex patients in acute care

Single point of access into rehab

Co-ordinating people in out of area hospitals

Housing strategy

In reach into in-patient rehabilitation wards

NEXT STEPS

Model in constant development

Exploring key partnerships

Exploring a re-
investment
strategy

Maintaining and developing a
skilled and motivated workforce

