

Your Future Your Way

Strengthening the foundation

Why Your Future Your Way...



Research highlights that there are barriers to progression for our multi-ethnic workforce





Commitment to support the development of **all** our workforce - a **plan to address the situation**



Your Future Your Way is a **positive action programme** targeting essential skills, personal reflection and providing sponsorship to our global majority workforce



It recognises the need to **upskill** the senior nursing, AHP and midwifery leads **to support** our band 5 and 6 professionals with a focus on **allyship /getting to equity** and understanding what this means



The programme ran in two parts and commenced in October 2022 supported by external speakers/experts who talked about their lived experience, barriers they overcame, racism and discrimination

Programme Structure



NHS Foundation Trust

Part A

- Session 1: Introduction to the programme including your role as a sponsor
- Session 2: Self as a Leader
- **Session 3:** Equality, Diversity and Inclusion
- Session 4: Coaching and Supportive Conversations
- **Session 5:** Difficult Conversations
- **Session 6:** Let's Talk about Race

For WHH senior nurses, midwives and AHP colleagues working as lead nurses, matrons and ward/department managers/heads.

Part B

- **Session 1:** Introduction to the programme
- Session 2: Introduction to Leadership
- Session 3: Working in Teams
- Session 4: Leading Change
- Session 5: The Leadership Project
- **Session 6:** Finance and Governance
- **Session 7:** Writing and presentation skills
- Session 8: What's behind the Lanyard
- Session 9: Interview preparation
- **Session 10:** Coaching Conversations
- Session 11: Project feedback and celebration

Throughout the programme, lived experience will be embedded to enable continuous learning





The impact of lived experience:

"I found Khonzie truly inspirational. The session was wonderful and very touching... I hope we can all make a difference from now." – **Matron**

"It has really empowered me to want to make a change" – Ward Manager

"I wasn't entirely sure what to expect but I have to say I was blown away by the talk Khonzie gave. You could have heard a pin drop when she was talking. She had me gripped from the start." — Clinical Services Manager

"...I thought the delivery was excellent and it **certainly made me reflect**. I never realised the struggle that some BAME staff may have experienced during their career or thought about how a white person could be more privileged with their career progression." — **Allied Health Professional**

Sponsorship

Following completion of Part A colleagues had the opportunity to sponsor a colleague attending Part B of the programme

AIM -To championing their career aspirations and help to raise their profile - Getting to Equity

The 'ask':

- Equip with skills to act as a Sponsor
- Use their influence, power and privilege to raise their colleague's profile and create opportunities
- Actively promote anti-racism and allyship, take accountability for improving equity
- Support colleagues to overcome barriers to career progression – believe in the person
- Engage in mentoring sessions
- Support their colleague in the delivery of their leadership project





Outcomes



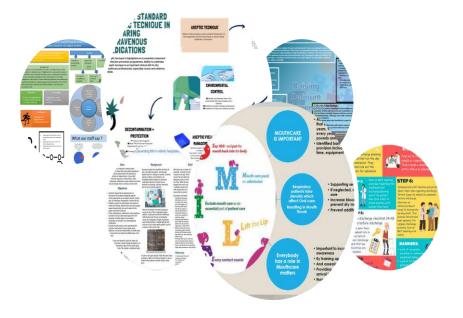
- 6 staff promoted / Secondments in train /other applications
- Evaluation amendments to some of the course structure, content and assignment support
- Overwhelming positive feedback from both staff attending part A and Part B course
- Part B staff attained a level 3 CMI certification
- Cohort two has commenced in August with 19 participants for part B





Impact on Patient Experience





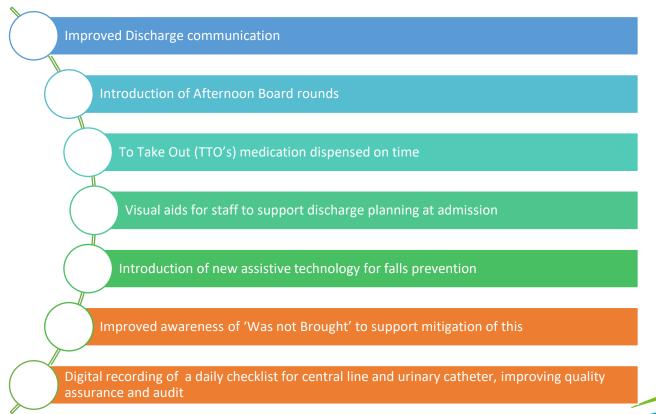
During their leadership qualification our participants of Part B completed a change project in their area of work. With patient care and safety at the heart of each project which included:

- Unplanned transfer of the deteriorating patient
- Pain Management
- Safe and effective hospital discharge
- Strategies for falls prevention
- Understanding the extent of predictors for 'Was not brought' in paediatric ophthalmology
- Integrating peripheral venous device, Central lines & Urinary catheter insertion and daily checklist into digital system
- Mouth care is important
- Raising delirium awareness

Patient Outcomes

Warrington and Halton Teaching Hospitals

Project outcomes included:



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Project outcomes included:

Mouth care education and visual aid for respiratory patients Project to support improved point of care testing for UTI in patients at risk of AKI Project to promote the active hospital scheme to reduce patient deconditioning Enhancing delirium awareness through education and investigating the role of a delirium link nurse Pressure ulcer awareness campaign on an acute ward that resulted in 115+ pressure ulcer free days at the point of the project end Falls awareness information for patients on acute wards Trial of automated oxygen therapy

Feedback from the Part A group and Sponsors:



- "Senior nurses have gone on a journey; it's been a real privilege. Thank you to
 **** for opening and sharing and trusting her sponsor"
 - "I pledge that none of my staff will be invisible or not worthy due to race/background. All will be supported equally"
 - "I will continue my support beyond the programme, I will actively be anti-racist, I
 will see people!"

Feedback from Part B attendees:





- "It was great to have an opportunity to make a change and be told 'I trust you and I have confidence in you to do the project'"
- "It has built my confidence and made feel like I am part of the Trust"
- "Helped show us to how to bring changes and the challenges related to it. It was quite organised and included discussions which were helpful"
- "I met many leaders in this programme. Sharing their career journey in the programme inspired me to think for applying higher role. If I didn't join this programme, I might not get a chance to meet different leaders in WHH and understand their career journey."
- "Sponsorship is the excellent part of this programme, overall, the programme was amazing

Our Ongoing Ambition



- Global majority representation in senior leadership posts in nursing, AHP and midwifery positions at WHH
- Colleague confidence in supporting the career progression of the global majority
- Colleague awareness of the barriers & bias faced by others and using personal 'privilege' to address them
- WHH seen as a pioneer in global majority career development and progression
- Improved WRES indicators year on year

