



arts in health through
innovation and creativity



Celebrating

50 YEARS

of Arts in Health

About Lime



What does Lime do?



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Enhancing Patient Care at MFT

Art & Music for Health Patient Participatory Arts Programme



What makes Lime's Music for Health Programme different?



This session really lifted my spirits after being in hospital for 10 days and still waiting for an op I was feeling quite deflated and this really brought me right back up. It really was magic. Thank you! Patient, MRI



This was such a magical experience. It was beautiful to hear the music travelling through the corridor! We had a fantastic singalong together and it really lifted my spirits. Amazing! Thank you. Patient, MRI

There are lots of benefits to the staff on the ward, they get to see their patients how they used to be rather than how they are now, in bed and unwell. It's not all about medicine and good nursing care. Ward Manager, MRI





Music for Health on the wards

Holly Marland - Lime Lead Music for Health Practitioner





What recent research says

- Reduction in distress behaviours
- Enhanced mood and social interaction
- Improved communication and relationships
- Creation of a therapeutic and inclusive environment















MORE INFO ABOUT LIME

Follow us on X *@limearthhealth*

Website - www.limeart.org

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