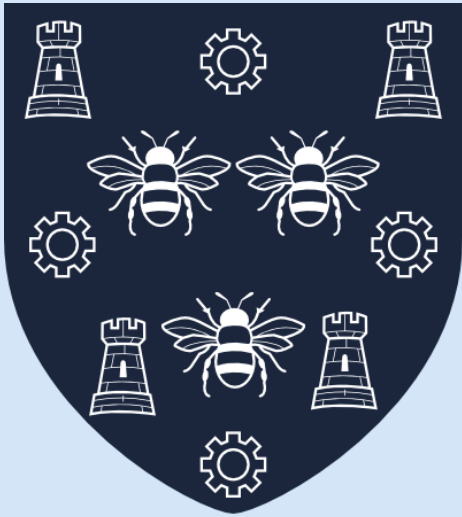




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PEN Award Category:
Strengthening the Foundation

Project - The PaCT Workshop:
Embedding Lived Experience in
Nursing Education

**University Lead –
People with Lived
Experience and Carers**

Bimpe Kuti-Matekenya



What is PaCT? **Background**

Patient as Coach Team (PaCT)

- ⦿ A core part of the pre-registration nursing education programmes at the University of Greater Manchester. (Kuti and Houghton, 2019)
- ⦿ The PaCT initiative was developed to create critical learning for student nurses, from real life experiences of service users (Bramley and Matiti, 2014).



The patient experience in Higher Education?

*Can (Lecturers and
Students) be part of the
patient experience?*

We teach e.g. leadership,
culture, collaboration,
compassion,
communication in care

Why not **inject** patient
experience into student
learning and assessment



The Vision for PaCT



How can we better enhance student understanding of patient's perspectives?



Move beyond tokenism towards **authentic, impactful** involvement



To involve service user in a more **collaborative** and **innovative** way

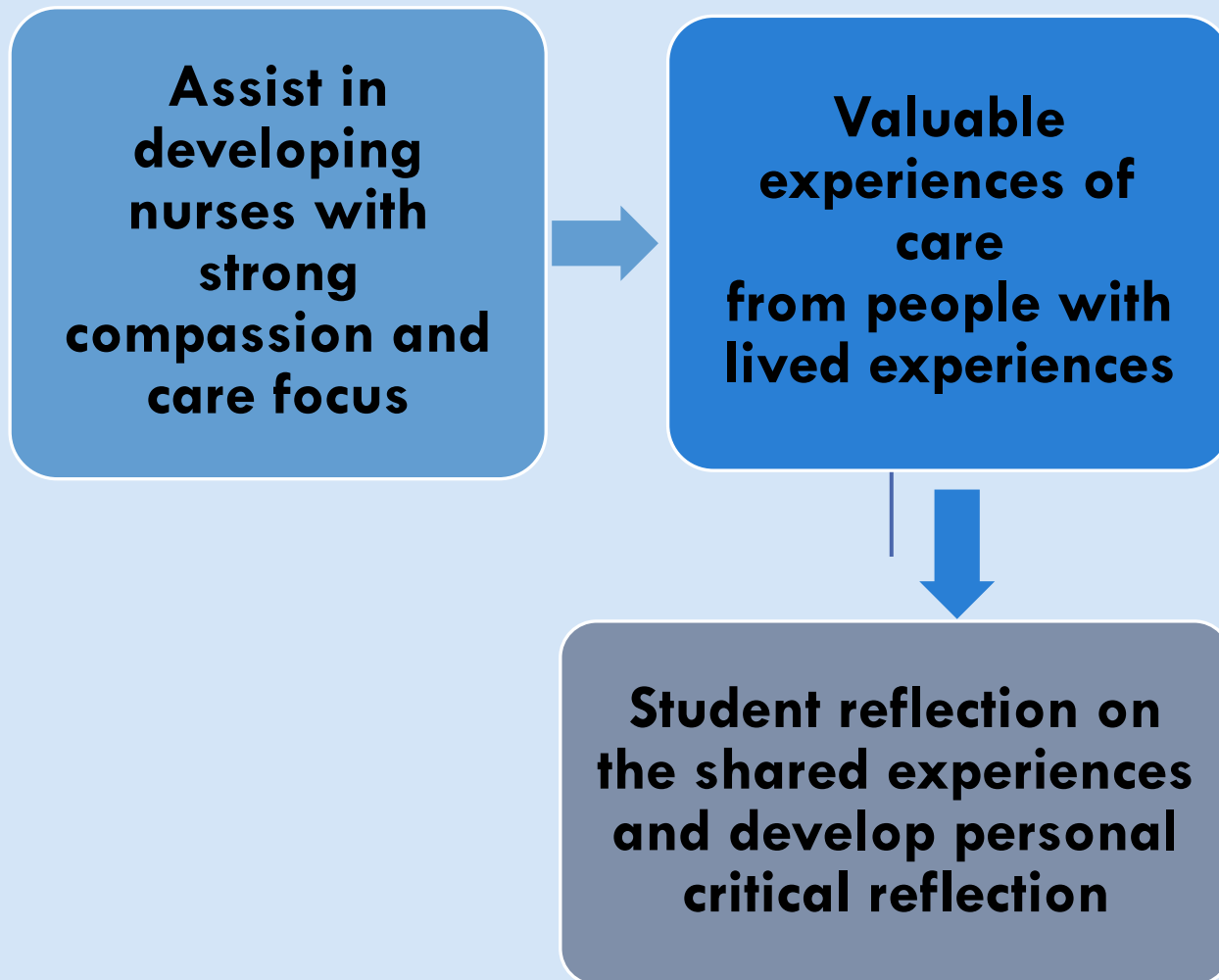


Students engage in '**patient centred critical reflection**' to achieve better care outcomes.

Ethos PaCT Initiative



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PaCT Session – The Themes

YEAR 1

- **Compassion and Empathy**
- **Dignity and Confidentiality**

YEAR 2

- **Trust and honesty**
- **Collaboration and Communication**

YEAR 3

- **Courage and Commitment**
- **Competence and Expressing Emotions**



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PaCT Session - The Process

Students allocated
into small groups
with their patient
coach

Patient coach
facilitates whole
session – 2 hours
minimum.

Shared discussion
takes place – one
experience at a time



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**Key learning from your /
others contributions**



**Implications for future
practice**



**Students reflection -
discussed when undertaking
performance review with
personal tutor.**

PaCT - Post Session Reflection

PaCT Session - Student Feedback

Really useful,
helpful, enjoyed
Interesting!
**An invaluable
experience**

This is possibly **one of
the most powerful
and moving speaker** I
have encountered.

red flags to look for
when out in practice
caring for vulnerable
patients

An engaging friendly
session, **in-depth
discussions, assists in
developing skills**

This was more
powerful than
any textbook

...the session has
**given me a lot to
think about.**

The **most useful
session yet!** very
encouraging,
relevant for my
student journey

Really **makes
you see things
from a patient's
perspective**

Session helped me
tremendously, **felt as
though I had
received courage
raise concerns**

Very thought
provoking,
inspiring,
interesting subject
matter



PaCT Impact – In student own words

Hi XXX.

I wanted to email you and if you could pass this message along to the lovely woman who just held our patient coaching second session.

I would just like to say how impactful what she said was, It honestly hit really close to home and made me feel so seen and understood. ... **she** honestly just gave me a new perspective and motivation towards the training and the career and really made me feel emotional hearing her kind words not only towards nurses but us as student.



PaCT Impact – In student own words

I've been internally struggling with the emotional and physical demands of the course and felt at an impasse **but hearing her story and the impact I could potentially do for patients and service users** has given me what I needed to hear to move on.

Her story, faith and outlook was inspirational and brave and I wish nothing but the best health and life for her and her family and **thank her from the bottom of my heart and soul for what she is giving back to me as a student.**

I've really **taken a lot from this session and have a great appreciation of what patient coaching can do for students.**

Thank you. [xxx]



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Pedagogical Impact

Storytelling : shaping empathy and
compassion

(Frank, 2013).



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**PaCT Sessions
-
Powerful in Nursing
Education**

**Creates
empathy**

**Challenges
stigma**

**Bridges theory
and lived
reality**

Key Takeaway



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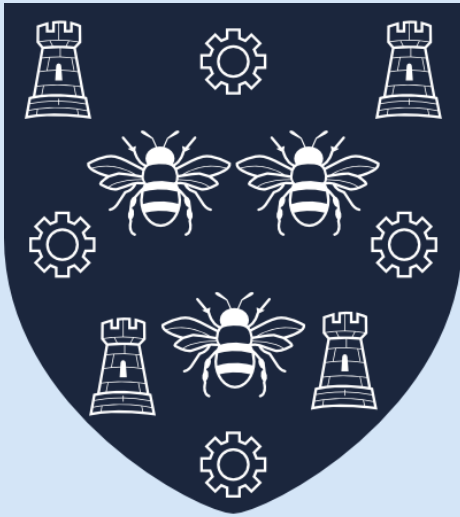
What stories can we responsibly bring
into teaching and learning to **make**
learning more human

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THANK YOU